



Manager Assistance Program



LaCapitale

Insurance and
Financial Services

The Manager Assistance Program brings together assistance and support services for managers and union representatives who are policyholders, and is designed to better equip them to tackle the unique challenges they face.

Visit the website to learn more!

lacapitale.com/map



Crisis
MANAGEMENT



Employee
ASSISTANCE



Training and
COACHING



Crisis management

In addition to individual difficulties, organizations can be faced with disruptive events that may destabilize employees, work teams or even the entire organization. No matter what you're facing (restructuring, layoffs, death of an employee, workplace accident, etc.), the MAP is available any time to help you manage these situations and to prevent and lessen their adverse effects.

- Phone support in less than an hour
- On-site intervention in less than 24 hours



Employee assistance

MAP's professionals can intervene to help if you have an employee or a colleague in difficulty. At the first sign of concern, simply direct the individual to the assistance service by giving them a letter with the reference card.

This service enables members referred by a manager to receive professional and effective support.

- Fast, free and confidential service
- Intervention by phone, online or in person
- Up to 6 hours of consultation per year, per member referred to the service



Training and coaching

The MAP gives you online access to information covering a wide variety of topics, all of which are directly related to your workplace.

- Video clips
- Reference documents
- Wellness columns
- Frequently asked questions

The program also offers coaching to help manage difficult situations with individual employees, groups of employees or colleagues:

- Specialized, fast and confidential phone support
- Counselling so that difficult situations don't deteriorate and lead to prolonged absences



24/7 support

1-855-874-8558

Visit **lacapitale.com/map**
to access online services
and to learn more about the MAP