


Meet HEAL.

At Simply Benefits, we believe in a **healthy body and mind.**

That's why we have partnered with  to provide 4-week and 8-week **Wellness Challenges** and **Lunch & Learn Webinars** at a 10% discount.

WELLNESS CHALLENGES

4-Week Program (Minimum \$2,500 spend)

0-100 people

\$86.50 / per person*

Regular **\$95** / per person

101-200 people

\$76.50 / per person*

Regular **\$85** / per person

- ✓ 2 Webinars (at Kickoff and Midway Point)
- ✓ Daily & Weekly Challenges
- ✓ Online Progress Tracking on HEAL Dashboard

8-Week Program (Minimum \$3,500 spend)

0-100 people

\$117 / per person*

Regular **\$130** / per person

101-200 people

\$99 / per person*

Regular **\$110** / per person

- ✓ 2 Webinars (at Kickoff and Midway Point)
- ✓ Daily & Weekly Challenges
- ✓ Online Progress Tracking on HEAL Dashboard

LUNCH & LEARN WEBINARS

One-Time Webinar

\$720 / per person*

Regular **\$800** / per person

- ✓ One-hour presentation with Q&A
- ✓ One-Week Meal Plan
- ✓ Swag Bags In-Person Events

6 Webinar Series

\$4,200 / per person*

Regular **\$4500** / per person

- ✓ 6 One-hour presentation with Q&A
- ✓ Video Recording Available Afterward
- ✓ Swag Bags In-Person Events

Ready to get Started?

Please contact us via sales@simplybenefits.ca and we'll introduce you to the HEAL Team. HEAL will create a wellness program that fits your organization's needs at our preferred pricing.

Then your wellness experience will begin!

Note: Invoicing and payment for services will be directly with HEAL. All prices shown are before tax.