

Facilitating positive change by improving thinking



NeuroLeadership Institute's coaching programs are based on the Results Coaching System™, a coaching methodology taught to more than 16,000 graduates across 25 countries since 1996. We are accredited by the International Coach Federation, and acknowledged as one of the coaching world's most respected and intensive training experiences.

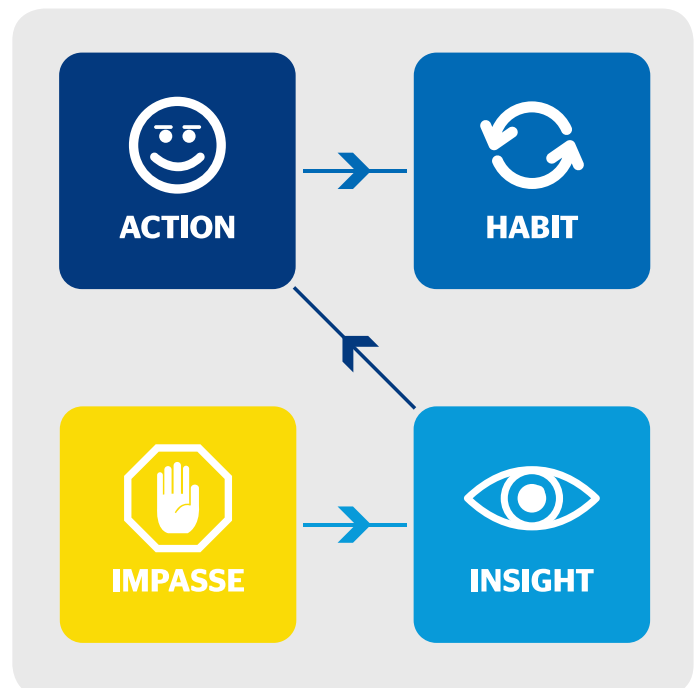
METHODOLOGY

The Results Coaching System™ is neuroscience-based, process-focused, and outcome-driven, making this approach ideal for coaching rational, business-focused professionals. The approach draws from contemporary neuroscience, along with research from positive psychology, adult learning theory, as well as systems and change theories. Coaches learn to work at the level of improving an individual's underpinning thinking. This helps people progress from identifying impasses and generating insights, to enabling actions and creating sustainable new habits.

ABOUT NEUROLEADERSHIP INSTITUTE

The NeuroLeadership Institute is a global human performance consultancy, drawing from the latest findings in neuroscience. With operations in 40 cities in more than 25 countries, we:

- › Enable individuals to enhance their effectiveness by understanding the brain
- › Help leaders to improve the quality of their conversations
- › Train and certify executive and personal coaches
- › Partner with organisations to drive performance



Brain-Based Conversation Skills

Learn the theories and everyday coaching skills to be a more effective manager and leader

- › 3 days of intensive face-to-face training
- › Designed for leaders and managers looking to develop neuroscience based coaching skills
- › Provides the skills to have coaching conversations and improve an individual's thinking
- › Explains how understanding the brain can improve productivity
- › Teaches the skills to enable others to develop new habits

Modules

- › Brain-based coaching theory
- › Brain-based communication
- › Conversations that generate insight
- › Impasse to insight
- › Insight to action
- › Emotional regulation
- › Bring the conversation together
- › Action to habit
- › Develop new habits
- › Elements of insightful conversations
- › Coach with presence

FREE WEBINARS

NLI regularly runs free introductory webinars for those interested in our education programs or solutions for organisations.

These highly interactive and informative presentations will introduce you to the neuroscience concepts and how you or your organisation can benefit from the research insights.

To register for our **FREE Webinars** please visit neuroleadership.com/webinars

TESTIMONIAL

"I have thoroughly enjoyed the program on a number of different levels. The 3 day workshop gave a great initial foundation into the brain based program and use of the skills. It also provided an opportunity to be able to connect with those who had also enrolled into the program."

— Claire Marriott
Good Start Early Learning



Brain-Based Coaching Certificate

Gain the skills and tools to build a career as a workplace coach

- › 3 days of intensive face-to-face training, followed by 16 weekly teleclasses
- › Designed for individuals looking to become an internal workplace coach or operate their own coaching practice
- › Dives into the neuroscience of goal setting
- › Delivers a system for coaching with internal or external clients

Modules - Includes all the modules from Brain-Based Conversation Skills plus

- › Start the coaching engagement
- › The first session
- › Goal setting: mining and refining
- › Goal setting: defining and shining
- › The second session
- › Ongoing coaching sessions
- › Progress and accountability
- › Vision and purpose
- › Complete the coaching engagement
- › Values and strengths
- › Thinking tools
- › Work with emotion
- › Awareness tools
- › SCARF® in coaching
- › Time and change management
- › Challenging coaching situations

CONTACT US

To find out more about our upcoming Brain-Based Coaching programs, please visit neuroleadership.com/education

