

About Now & Next™

Contact the Now & Next<sup>™</sup> team

Hello,

We need your help to share information that could help families.

Some parents may have concerns about their child's development but do not have NDIS funding. A free program called Now & Next $^{\text{TM}}$  is available for them.

Funded by the <u>Australian Government</u>, Now & Next™ empowers parents to better support child and family wellbeing now, and into the future. Further information is available below. Enrolments will finish on 4th October and spots are limited. There are also other webinars and resources available.

Yours sincerely
The Parents as Peer Leaders Project Team
nowandnext@plumtree.org.au

2-minute clip about Now & Next™ program



## About Now & Next™

Now & Next™ is an award-winning online program for parents and carers to achieve positive learning and relationship outcomes for their child and the entire family.

During this innovative 8-week evidence-based program, participants learn to:

- Achieve more positive outcomes with less effort
- Identify and build on their strengths and their child's, to make a big impact
- Increase family wellbeing and resilience
- Use strategies that have worked for other families, and more

Now & Next™ is facilitated by parent peer workers with lived experience who are trained and employed to support families. Over 700 families in Australia, New Zealand, Canada and Finland have completed the program.

Learn life-changing skills for your child, your family and yourself Now & Next™.

## See Our Results

The Now and Next™ program is robust and evidence based. Our <u>data</u> and <u>external</u> <u>evaluation</u> shows that it works and children achieve positive outcomes. Parents also achieve positive outcomes over eight weeks with increases in:

- Hope
- Empowerment
- Wellbeing
- · Achieve their goals



\*Parents who have completed the Now & Next™ program reported on the achievements of their child outcomes at the end of the program.

Register your interest for the Now & Next™ program and our friendly parent facilitator will call you to discuss any questions you have. Daytime, evening and weekend programs are available. The program is currently available in English, Vietnamese and Urdu.

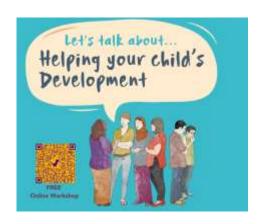
Download program flyer

## **Register Now**









Not sure that you can commit to an 8-week program, but want some help connecting to services and practical strategies?

Join our 1hr webinar:

"Let's Talk about... Helping
your child's Development"

Download the <u>flyer</u>

#### Find out more:

- Video: Participant Feedback 2021
- More about the Parents as Peer Leaders Program

#### Follow Us







# Our supporters



























