

RACE TO BE HUMAN

**iNDIEFLIX Original Documentary for all ages
that explores how we can teach our children about racism,
“*RACE to be Human*”**

***RACE to be Human* WILL SCREEN LIVE ON
[DATE] AT [LOCATION / REGISTRATION LINK]**

[DATE] -- iNDIEFLIX Education has sparked a global conversation about racism through screenings of its documentary, “[RACE to be Human](#).” On [Date of Event], [Name of Local Host Organization] will hold a special screening of the documentary at [Location Name] to open up a dialogue between local families, community leaders, and experts. The event will feature a viewing of the 46-minute film, followed by an informative panel discussion, led by [Name and Credentials], with special guests [Names and Credentials of Guests, if applicable].

RACE to be Human is a documentary film addressing the impact of race and racism on mental health through the lens of students, experts, and educators, as well as how we can collectively move towards equality. RTBH explores how to foster healthy conversations about race and racism.

RACE to be Human is on a mission: to join the global conversation and raise awareness with a more comfortable and positive approach. This 46-minute documentary shares micro-stories to define commonly used terms we all use when talking about racism. The film delves into the effects of race and racism on individuals and our communities with:

- Candid interviews with kids and teens, who discuss their experiences with race and racism, and its impact on their lives and relationships.
- Expert perspectives on the history, present-day occurrences, and effects of racism.
- Essential definitions and guidelines that help create safe spaces for cross-cultural dialogues about race and racism.
- Discussion around allyship, as well as what action and accountability may look like to start shaping a more inclusive and equitable society today.

Created for schools, communities, and corporations, *RTBH* addresses the apprehension and confusion so many of us feel when it comes to talking about race and racism. The film examines microaggressions, allyship, and the role of social

media. It also shares how we can participate and build empathy through conversations at home, work, and school.

The program includes strategies and tips to check ourselves and others while inspiring self-reflection so that as individuals, we are more aware, and as communities, we can move forward more equitably.

iNDIEFLIX ensures that its community screenings foster a connected and nurturing environment. Before the pandemic, these films were exclusively shown in auditoriums or community centers, followed by a moderated panel for Q&As. Working through Covid restrictions, iNDIEFLIX re-created the 'watching together' experience through live online film events, followed by a panel discussion and the ability to ask questions or check-out resources in real-time.

RACE to be Human and its Mental Health Series companions **Angst, LIKE, and The Upstanders** are staples in social & emotional learning programs in schools and corporations worldwide. Knowing that successful change depends on continuing the conversation beyond the screening date, each film comes with discussion guides, tip sheets, and further resources, with dedicated curricula for each film launching in 2022.

"Powerful film. From start to finish, this film had me thinking about myself, my students, my S.O, and my children. It had me thinking about the past, the present, and the future of society."

-Counselor from the American School Counselor Association

"Race-focused conversations derail when people are using the same terms in different ways. I wanted to make a film that addressed the confusion and apprehension we often feel when talking about race and racism. This film is really a movie about definitions told through the lens of students."

-Scilla Andreen, Director of RACE to Be Human

*"A [Systematic Review](#) found that experiencing racism can lead to **poor mental health** and, to a lesser extent, poor physical health."*

iNDIEFLIX Group Inc is a global education and streaming service that promotes and supports social impact films to create positive change in the world. iNDIEFLIX Education provides online and offline community screenings in schools and corporations worldwide. At the same time, iNDIEFLIX Stream offers a monthly subscription-based service to access thousands of high-quality shorts, features, documentaries, and series from around the world. <https://www.indieflix.com/>

To book a screening of RACE to be Human in your community, find a screening or learn more, visit www.indieflix.com/education

PRESS CONTACT: _____ (Insert name, phone, email)