Blue Mountain Solutions presents

Creating A Pathway Forward





2021 and beyond...



<u>Let It Go – Dump It</u>

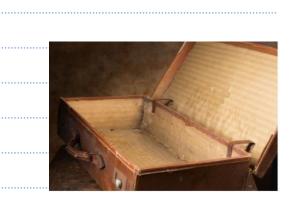
What To Release?

- Guilt
- Anger
- Disappointment
- Fear
- Cancelled Events
- Missed Opportunity
- Regrets
- Mistakes
- The What Ifs...











Feel Your Best - Bring Your Best



What I Accomplished In The Last 19 months

✓	
✓	
✓	
✓	
✓	
✓	
✓	
✓	
✓	
✓	
✓	
✓	
✓	

Free Drugs!

Endorphins –
Dopamine –
Oxytocin –drug
Serotonin – Drug of



Review what you have
Keep afile
Set yourself personal
Picture yourself at your goal
Stop thinking negatively
Look after your



Ideas You H	ave Tried:	 	 	
Ideas Others				
A +		 •••••	 	•••••



What 2020 & 2021 Taught Us

Know Your Profitability	Communicate & Then Some					
Thoughts:	Thoughts:					
•	•					
•	•					
•	•					
<u>Circle Of Influence</u>	Manage Your Time					
Thoughts:	Thoughts:					
•	•					
•	•					
•						
Scripting Really Helps	Know Your Team					
Thoughts:	Thoughts:					
•	•					
•	•					
•	•					



Quotes

Coming together is a beginning, keeping together is progress, working together is success

Teamwork gives you the best opportunity to turn vision into reality

People who feel good about themselves produce good results

You get the best out of others when you give the best of yourself

Even if you are on the right track you'll get run over if you just sit there

The only ceiling life has is the one you give it

Never bend your head, always hold it high, look the world straight in the face

Belief in oneself is one of the greatest motivators

The only person who can make you feel inferior is yourself

What you plant now, you will harvest later

Commitment To Change				
The two action points I am taking away with me today are:				
&				
Signature Date, 2021 at				

