

Blue Mountain Solutions  
presents

## Creating A Pathway Forward



2021 and beyond...



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# Feel Your Best – Bring Your Best



**Free Drugs!**

Endorphins - .....

Dopamine - .....

Oxytocin - .....drug

Serotonin - Drug of .....

## What I Accomplished In The Last 19 months

- ✓ .....
- ✓ .....
- ✓ .....
- ✓ .....
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- ✓ .....



Review what you have .....

Keep a .....file

Set yourself personal .....

Picture yourself at your goal

Stop thinking negatively

Look after your .....



What 2020 & 2021 Taught Us

Know Your Profitability

Thoughts:

- .....
- .....
- .....

Communicate & Then Some...

Thoughts:

- .....
- .....
- .....



Circle Of Influence

Thoughts:

- .....
- .....
- .....

Manage Your Time

Thoughts:

- .....
- .....
- .....



Scripting Really Helps

Thoughts:

- .....
- .....
- .....

Know Your Team

Thoughts:

- .....
- .....
- .....

## Quotes

Coming together is a beginning, keeping together is progress,  
working together is success

Teamwork gives you the best opportunity to turn  
vision into reality

People who feel good about themselves produce good results

You get the best out of others when you give the best of yourself

Even if you are on the right track  
you'll get run over if you just sit there

The only ceiling life has is the one you give it

Never bend your head, always hold it high,  
look the world straight in the face

Belief in oneself is one of the greatest motivators

The only person who can make you feel inferior is yourself

What you plant now, you will harvest later

### Commitment To Change

The two action points I am taking away with me today are:

..... & .....

Signature ..... Date ....., 2021 at .....



*Thank you*