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**ACTIVE
PARENTS**



Preschool Parent Engagement Initiatives

Frequently Asked Questions

(Version updated 12 Jan 2022)

1. What is Active Parents?

Active Parents is a social movement by Sport Singapore that seeks to enable and empower parents to play an active role in their child's life and sporting journey. Initiated in April 2020, more than 20,000 parents have since started their Active Parents journey with us. You may find out more on our [website](#).

2. What are the initiatives offered under 'Active Parents – Preschool Parent Engagement'?

At present, there are two initiatives that preschools can register their interest for:

- Educational (Interactive) – Topical Webinar
- Physical Activity – Fitness Video Resource

We will progressively add new initiatives on a quarterly basis – check out our [webpage](#) for the latest information!

3. How are these initiatives different from the Nurture Kids programme that my preschool is already participating in?

Nurture Kids is a children-focused, educators-delivered programme (part of the school's curriculum) that aims to develop physical literacy amongst preschoolers.

Active Parents' Preschool Parent Engagement initiatives cater to both parents and children, specially designed for them to participate meaningfully, and enhance bonding through play and physical activities.

4. How can preschools make use of these initiatives/resources?

On behalf of your preschool, you may register your interest for the initiatives and use them as part of your parent engagement events e.g., play our 30-min video resource for parents and children to work out a sweat during the event. It's really up to you!

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5. Do we have to pay for any of the initiatives?

The cost of attending the webinars and gaining access to the video resources is waived by Sport Singapore, to allow preschools to utilise them freely for your respective parent engagement initiatives.

Preschools are subject to the respective terms and conditions as indicated in the interest forms e.g., videos are not to be further circulated beyond the registered usage.

6. If everything is free, what do preschools have to take note/provide for?

- Registration: Closing dates for registration by preschools are as indicated in the online forms. All you have to do is to disseminate the information to your parents and have them participate on the day!
- Post-event feedback/report: For us to improve on the programmes, we would like to gather feedback from the participating preschools. A simple template/survey form will be sent to you for completion.
- Terms and Conditions: Upon confirmation, preschools will be subject to the prevailing T&Cs, which will be sent to you via email.

7. Who may I contact if I have other queries?

You may write in to activeparents@sport.gov.sg