



Med-Peds Class of 2026



Troy Kincaid
University of Colorado



Helen Queenan
Howard University



Elizabeth Stein
University of Washington



Joaquin Alfonso Villaruz
University of Wisconsin

Troy Kincaid

- **Medical School:** University of Colorado
- **Undergrad:** Washington University
- **Experiences & Interests:**
 - As a 3rd year student, Troy was selected to participate in the Denver Health (DH)-LIC. Throughout his time in medical school and in the LIC, he has had many contributions, including being a Spanish medical interpreter for the DAWN clinic, AAMC student rep, CUSOM curriculum steering committee member, CUSOM admissions committee member, a participant and member of the FirstUp mentoring program for first-generation students, and now an ongoing volunteer within the Office of Diversity and Inclusion.
 - As a Med-Peds doctor, Troy aspires “to understand illness stories through both aspects of healing – curing illness and promoting health.” Through Med-Peds training, he plans to “learn to treat people not in the context of their disease, but rather in the context of their lives.”
 - He enjoys team sports and board games.

Helen Queenan

- **Medical School:** Howard University
- **Undergrad:** Smith College
- **Experiences & Interests:**
 - Prior to medical school, Helen conducted research focused on increasing health care access and understanding barriers to obtaining over-the-counter syringes for those with substance use disorders. During the summer of her first year of medical school,

Helen was awarded the National Medical Fellowship Scholarship, where she continued to work with patients with substance use disorder, and conducted research that focused on the impact of group therapy and medical therapy for these patients. In addition, she has had multiple important mentoring roles.

- Helen's goals in medicine are "to address the multifactorial determinants of health, and treat people along a spectrum from prevention to end of life care and pediatrics to geriatrics," and to provide "healthcare services, resources, and education to those living in underserved communities."
- She likes spending time with her "little sister" from the Big Sister Organization of Boston and boxing.

Joaquin Villaruz

- **Medical School:** University of Wisconsin
- **Undergrad:** University of Wisconsin
- **Experiences & Interests:**
 - Joaquin completed the Training in Urban Medicine and Public Health (TRIUMPH) track program at the University of Wisconsin. The track emphasizes community-centered, equity-conscious care. As a student, he wrote a document outlining basic knowledge and proper nomenclature surrounding specific identities (ex. ethnicities, LGBTQ+, disability) for use by teaching faculty, which received approval by the Dean's Office and disseminated to statewide campuses.
 - He came to Med-Peds after his own experience watching his brother with autism spectrum disorder try to navigate the transition from pediatrics to adult medicine. His dream is to provide, "comprehensive, lifelong care for patients on and off the spectrum."
 - Joaquin loves hip hop dancing, baking, and caring for his plants (Jane Pothos and Rubby Rubber Tree).

Elizabeth Stein

- **Medical School:** University of Washington
- **Undergrad:** Brown University
- **Experiences & Interests:**
 - Elizabeth co-designed and implemented an anti-racism curriculum for incoming students to discuss race as a social construct during medical school orientation 2019, which was then adopted at medical schools around the U.S. and internationally. Her work was also published in Academic Medicine. She was awarded the Husky 100 (awarded to 100 UW students for leadership, public service, and contributions to university) and featured with a colleague on NBC.
 - Her goal is to "work through medical education, clinical care, and clinical research to transform health care into a human-centered healing system as an adolescent and young adult oncologist or pediatric cardiologist."
 - She loves trail running and swimming.