

# OCTOBER 2021



## Preston Pointe | Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>3D</b> - 3rd Floor Dining Room  <b>BR</b> - Boardroom  <b>DR</b> - Dining Room  <b>FL</b> - Fireside Lounge  <b>FC</b> - Fitness Center  <b>GR</b> - Game Room  <b>L2</b> - Library, 2nd floor  <b>L</b> - Lobby  <b>OF</b> - Outside Fitness Center  <b>P</b> - Patio  <b>SU</b> - Sign Up  <b>T</b> - Theater</p>					<p><b>1</b></p> <p><b>FC</b> 9:00 Walking Club (1st floor)  <b>T</b> 10:00 Strength Exercise  <b>T</b> 10:30 Scenic Walks around the World  <b>FC</b> 1:15 Cardio Drum w/ Legacy  <b>L2</b> 2:00 Train Dominoes  <b>3D</b> 2:00 Mah Jongg with Lucille  <b>T</b> 2:30 Happy Hour w/ Ed Lyons  <b>T</b> 7:15 Shabbat w/ the Lowis</p>	<p><b>2</b></p> <p><b>OF</b> 10:00 Stitch in Time  <b>3D</b> 11:00 Preston Players Meeting  <b>3D</b> 1:00 Catholic Bible Study  <b>T</b> 2:00 Movie Matinee: Philomena (Netflix, PG-13-Based on Real Life)  <b>GR</b> 4:00 Shuffleboard and Billiards  <b>T</b> 6:30 Travel: The Sights and Sounds of Yellowstone National Park (DVD, G)</p>
<p><b>3</b></p> <p><b>SU</b> 8:00 Transportation to St. Michaels and Genesis  <b>T</b> 10:30 St. Michael's Mass  <b>SU</b> 10:30 Transportation to Covenant Christian  <b>DR</b> 11:00 Sunday Brunch  <b>T</b> 2:00 Movie Matinee: Harriet (Prime Video, PG-13-Biopic)  <b>3D</b> 4:00 Sunday Social Club</p>	<p><b>4</b></p> <p><b>P</b> 9:00 Walking Club (Lobby)  <b>SU</b> 9:30 Shuttle: Food Lion &amp; Dollar Tree  <b>OF</b> 10:00 Stitch in Time  <b>FC</b> 10:00 Strength Exercise  <b>FC</b> 10:00 Volunteers: Fall Table Décor for Dining Room  <b>T</b> 11:30 Activities Planning Meeting  <b>SU</b> 1:30 Walmart  <b>L2</b> 2:00 Train Dominoes  <b>T</b> 2:00 Happy Music by Marie  <b>3D</b> 3:00 Bible Study with Betty  <b>FL</b> 6:00 Rummikub</p>	<p><b>5</b></p> <p><b>L</b> 9:00 Coffee &amp; Crosswords in the Café  <b>FC</b> 10:00 Chair Yoga  <b>3D</b> 11:00 Bingo with Amy  <b>GR</b> 1:00 Kings &amp; Queens Poker  <b>FC</b> 1:15 Legacy Exercise  <b>T</b> 1:30 Chef's Talk  <b>3D</b> 2:00 Mah Jongg with Lucille  <b>P</b> 2:30 Oktoberfest with the Little Oom-Pah Band  <b>GR</b> 4:00 Shuffleboard and Billiards</p>	<p><b>6</b></p> <p><b>P</b> 9:00 Walking Club (Lobby)  <b>SU</b> 9:30 Shuttle: Park West  <b>FC</b> 10:00 Zumba Gold Chair Dance  <b>T</b> 11:30 Blue Skies with Jennifer  <b>OF</b> 1:00 Mobility Clinic  <b>GR</b> 1:00 Bridge Club  <b>FL</b> 1:00 Rummikub  <b>BR</b> 2:00 Art Workshop: Painting  <b>SU</b> 2:30 Wegman's  <b>3D</b> 7:00 Bunco Night w/Jennifer</p>	<p><b>7</b></p> <p><b>FC</b> 9:00 Walk with Ease  <b>FC</b> 10:00 Chair Yoga  <b>3D</b> 11:00 Bingo with Amy  <b>3D</b> 1:00 Flowers for Friends with Jennifer  <b>GR</b> 1:00 Aces Poker  <b>3D</b> 2:00 Mystery Lovers Book Club w/ Mary McKeaney  <b>T</b> 2:00 Wii Bowling with Amy  <b>3D</b> 3:00 Catholic Communion  <b>GR</b> 3:30 Scrabble  <b>T</b> 4:00 Pictionary w/ Jennifer</p>	<p><b>8</b></p> <p><b>P</b> 9:00 Walking Club (Lobby)  <b>SU</b> 10:00 Farmers Market  <b>FC</b> 10:00 Strength Exercise  <b>T</b> 10:30 Scenic Walks  <b>3D</b> 11:00 Learn to Play Boggle w/ Jennifer  <b>FC</b> 1:15 Cardio Drum w/ Legacy  <b>L2</b> 2:00 Train Dominoes  <b>3D</b> 2:00 Mah Jongg with Lucille  <b>T</b> 2:30 Happy Hour w/ Cole Koffi  <b>T</b> 6:30 Friday Night Funnies: Dean Martin Show</p>	<p><b>9</b></p> <p><b>OF</b> 10:00 Stitch in Time  <b>3D</b> 11:00 Preston Players Meeting  <b>3D</b> 1:00 Play Boggle  <b>T</b> 2:00 Movie Matinee: Letters to Juliet (Netflix, PG-Romantic Comedy)  <b>GR</b> 4:00 Shuffleboard and Billiards  <b>T</b> 6:30 History Documentary: Mercury 13 (Netflix, PG-13)</p>
<p><b>10</b></p> <p><b>SU</b> 8:00 Transportation to St. Michaels and Genesis  <b>T</b> 10:30 St. Michael's Mass  <b>SU</b> 10:30 Transportation to Covenant Christian  <b>DR</b> 11:00 Sunday Brunch  <b>T</b> 2:00 Movie Matinee: Crooked House (Netflix, PG-13, Mystery)  <b>3D</b> 4:00 Sunday Social Club  <b>L</b> 5:00 Sing-Along with Teresa</p>	<p><b>11 Columbus Day</b></p> <p><b>P</b> 9:00 Walking Club (Lobby)  <b>SU</b> 9:30 Shuttle: Food Lion &amp; Dollar Tree  <b>OF</b> 10:00 Stitch in Time  <b>FC</b> 10:00 Strength Exercise  <b>T</b> 10:00 Flu Shot Clinic (by appointment)  <b>SU</b> 1:30 Banks &amp; Post Office  <b>L2</b> 2:00 Train Dominoes  <b>T</b> 2:00 Happy Music by Marie  <b>3D</b> 3:00 Bible Study with Betty  <b>FL</b> 6:00 Rummikub</p>	<p><b>12</b></p> <p><b>L</b> 9:00 Coffee &amp; Crosswords in the Café  <b>FC</b> 10:00 Chair Yoga  <b>T</b> 10:30 Wellness w/ Nurse Susan-Health Talk  <b>3D</b> 11:00 Bingo with Amy  <b>GR</b> 1:00 Kings &amp; Queens Poker  <b>FC</b> 1:15 Legacy Exercise  <b>3D</b> 2:00 Mah Jongg with Lucille  <b>FC</b> 2:30 Taboo with Jennifer  <b>T</b> 3:30 Name that Tune w/ Amy  <b>GR</b> 4:00 Shuffleboard &amp; Billiards</p>	<p><b>13</b></p> <p><b>P</b> 9:00 Walking Club (Lobby)  <b>SU</b> 9:30 Shuttle: Park West  <b>FC</b> 10:00 Zumba Gold Chair Dance  <b>GR</b> 1:00 Bridge Club  <b>FL</b> 1:00 Rummikub  <b>BR</b> 2:00 Art Workshop: Painting  <b>SU</b> 2:30 West Regional Library  <b>T</b> 3:00 Blue Skies with Jennifer  <b>FL</b> 4:00 Music Lovers' Club with Amy</p>	<p><b>14</b></p> <p><b>SU</b> 8:30 Day Trip: Zoofari-NC Zoo (\$25-9 seats)  <b>FC</b> 9:00 Walk with Ease  <b>L</b> 10:00 Coffee &amp; Chocolate Croissants  <b>FC</b> 10:00 Chair Yoga  <b>3D</b> 11:00 Bingo with Amy  <b>GR</b> 1:00 Aces Poker  <b>T</b> 3:00 Wii Bowling with Amy  <b>3D</b> 3:00 Catholic Mass  <b>GR</b> 3:30 Scrabble  <b>T</b> 4:00 Trivia w/ Jennifer  <b>SU</b> 5:00 Morrisville Senior Celebration and Dance</p>	<p><b>15</b></p> <p>9:00 Audiology Clinic  <b>P</b> 9:00 Walking Club (Lobby)  <b>T</b> 9:30 LOL with Amy  <b>FC</b> 10:00 Strength Exercise  <b>3D</b> 11:00 Jewelry Making  <b>FC</b> 1:15 Cardio Drum w/ Legacy  <b>L2</b> 2:00 Train Dominoes  <b>3D</b> 2:00 Mah Jongg with Lucille  <b>T</b> 2:30 Happy Hour w/ Caroline Gregory  <b>T</b> 6:30 Broadway Show: Kiss Me Kate (Prime Video, PG-13-Musical)</p>	<p><b>16</b></p> <p><b>OF</b> 10:00 Stitch in Time  <b>3D</b> 10:00 Book Club  <b>T</b> 11:00 Preston Players Meeting  <b>3D</b> 1:00 Play Boggle  <b>T</b> 2:00 Preston Players Comedy Show  <b>GR</b> 4:00 Shuffleboard and Billiards  <b>T</b> 6:30 Travel: Blue Ridge Parkway-America's Grand Balcony (DVD, G)</p>

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<b>17</b> <b>SU</b> 8:00 Transportation to St. Michaels and Genesis <b>T</b> 10:30 St. Michael's Mass <b>SU</b> 10:30 Transportation to Covenant Christian <b>DR</b> 11:00 Sunday Brunch <b>T</b> 2:00 Movie Matinee: Barry (Netflix, TV-MA, Biopic) <b>3D</b> 4:00 Sunday Social Club	<b>18</b> <b>P</b> 9:00 Walking Club (Lobby) <b>SU</b> 9:30 Shuttle: Food Lion & Dollar Tree <b>OF</b> 10:00 Stitch in Time <b>FC</b> 10:00 Strength Exercise <b>3D</b> 10:30 Craft-Holiday Door Décor <b>SU</b> 1:30 Publix & Harris Teeter <b>L2</b> 2:00 Train Dominoes <b>T</b> 2:00 Happy Music by Marie <b>3D</b> 3:00 Bible Study with Betty <b>FL</b> 6:00 Rummikub	<b>19</b> <b>L</b> 9:00 Coffee & Crosswords in the Café <b>FC</b> 10:00 Chair Yoga <b>3D</b> 11:00 Bingo with Amy <b>GR</b> 1:00 Kings & Queens Poker <b>FC</b> 1:15 Legacy Exercise <b>3D</b> 2:00 Mah Jongg with Lucille <b>T</b> 2:30 Taboo w/ Amy <b>T</b> 3:30 Music Lovers Club w/Jennifer <b>GR</b> 4:00 Shuffleboard & Billiards	<b>20</b> <b>P</b> 9:00 Walking Club (Lobby) <b>SU</b> 9:30 Shuttle: Park West <b>FC</b> 10:00 Zumba Gold Chair Dance <b>3D</b> 11:30 Create a Card with Jennifer <b>GR</b> 1:00 Bridge Club <b>FL</b> 1:00 Rummikub <b>BR</b> 2:00 Art Workshop: Painting <b>SU</b> 2:30 Whole Foods and La Farm Bakery <b>3D</b> 7:00 Bunco Night with Amy	<b>21</b> <b>FC</b> 9:00 Walk with Ease <b>3D</b> 10:00 Flowers for Friends with Jennifer <b>L</b> 10:00 Cider and Pumpkin Bread <b>FC</b> 10:00 Chair Yoga <b>3D</b> 11:00 Bingo with Amy <b>GR</b> 1:00 Aces Poker <b>T</b> 2:00 Wii Bowling with Amy <b>3D</b> 3:00 Catholic Communion <b>GR</b> 3:30 Scrabble <b>T</b> 3:30 Grief and Loss support Group w/ Jennifer	<b>22</b> <b>P</b> 9:00 Walking Club (Lobby) <b>FC</b> 10:00 Strength Exercise <b>T</b> 11:00 Guided Meditation w/ Jennifer 11:00 NC Symphony Friday Favorites <b>FC</b> 1:15 Cardio Drum w/ Legacy <b>L2</b> 2:00 Train Dominoes <b>3D</b> 2:00 Mah Jongg with Lucille <b>P</b> 2:30 Happy Hour w/ Tom Neushauser <b>T</b> 6:30 Broadway: Carousel (Prime Video, Musical)	<b>23</b> <b>OF</b> 10:00 Stitch in Time <b>3D</b> 11:00 Bingo with Rishetha <b>3D</b> 11:00 Preston Players Meeting <b>3D</b> 1:00 Play Boggle <b>T</b> 2:00 Movie Matinee: ET - The Extra Terrestrial (Prime Video, PG-13-Drama) <b>GR</b> 4:00 Shuffleboard and Billiards <b>T</b> 6:30 Travel: Paris-la Visite (DVD, G)
<b>24</b> <b>SU</b> 8:00 Transportation to St. Michaels and Genesis <b>T</b> 10:30 St. Michael's Mass <b>SU</b> 10:30 Transportation to Covenant Christian <b>DR</b> 11:00 Sunday Brunch <b>T</b> 2:00 Movie Matinee: You Cast a Spell on Me (Prime Video, NR-Romance) <b>3D</b> 4:00 Sunday Social Club	<b>25</b> <b>P</b> 9:00 Walking Club (Lobby) <b>SU</b> 9:30 Shuttle: Food Lion & Dollar Tree <b>OF</b> 10:00 Stitch in Time <b>FC</b> 10:00 Strength Exercise <b>T</b> 10:30 Words of Wisdom w/ Jennifer <b>SU</b> 1:30 Banks & Post Office <b>L2</b> 2:00 Train Dominoes <b>T</b> 2:00 Happy Music by Marie <b>3D</b> 3:00 Bible Study with Betty <b>FL</b> 6:00 Rummikub <b>L</b> 7:15 Sing-a-long with Lisa	<b>26</b> <b>L</b> 9:00 Coffee & Crosswords in the Café <b>FC</b> 10:00 Chair Yoga <b>3D</b> 11:00 Bingo with Amy <b>GR</b> 1:00 Kings & Queens Poker <b>FC</b> 1:15 Legacy Exercise <b>3D</b> 2:00 Mah Jongg with Lucille <b>T</b> 2:30 LOL-Animal Edition with Amy <b>L</b> 3:30 New Resident Welcome <b>GR</b> 4:00 Shuffleboard & Billiards	<b>27</b> <b>P</b> 9:00 Walking Club (Lobby) <b>SU</b> 9:30 Shuttle: Park West <b>FC</b> 10:00 Zumba Gold Chair Dance <b>3D</b> 12:30 October Birthday Party <b>GR</b> 1:00 Bridge Club <b>FL</b> 1:00 Rummikub <b>BR</b> 2:00 Art Workshop: Painting <b>P</b> 2:30 West Regional Library <b>P</b> 3:30 Games for the Guys: Cornhole <b>L</b> 7:00 Piano with Barbara Snead	<b>28</b> <b>FC</b> 9:00 Walk with Ease <b>L</b> 10:00 Coffee and Cinnamon Rolls <b>SU</b> 10:00 NC Museum of Art: Alphonse Mucha-Art Nouveau Visionary (\$18.00) <b>FC</b> 10:00 Chair Yoga <b>3D</b> 11:00 Bingo with Amy <b>GR</b> 1:00 Aces Poker <b>T</b> 2:00 Wii Bowling with Amy <b>3D</b> 3:00 Catholic Communion <b>GR</b> 3:30 Scrabble <b>T</b> 4:00 Trivia with Jennifer	<b>29</b> <b>P</b> 9:00 Walking Club (Lobby) <b>FC</b> 10:00 Strength Exercise <b>T</b> 11:00 America Says with Amy <b>FC</b> 1:15 Cardio Drum w/ Legacy <b>L2</b> 2:00 Train Dominoes <b>3D</b> 2:00 Mah Jongg with Lucille <b>P</b> 2:30 Boo Bash!-Costume & Pumpkin Carving Contest, Games & Prizes <b>T</b> 6:30 Friday Night Flick: Beetlejuice (Prime Video, PG)	<b>30</b> <b>OF</b> 10:00 Stitch in Time <b>3D</b> 11:00 Preston Players Meeting <b>3D</b> 1:00 Play Boggle <b>T</b> 2:00 Tour: Louvre-la Visite (DVD, G) <b>GR</b> 4:00 Shuffleboard and Billiards <b>T</b> 6:30 Movie: Death Becomes Her (Prime Video, PG-13-Comedy)
<b>31</b> Halloween <b>SU</b> 8:00 Transportation to St. Michaels and Genesis <b>T</b> 10:30 St. Michael's Mass <b>SU</b> 10:30 Covenant Christian <b>DR</b> 11:00 Sunday Brunch <b>T</b> 2:00 "Indian Summer Halloween" by Mary Fels <b>3D</b> 4:00 Sunday Social Club <b>T</b> 6:30 Movie: Witches of Eastwick (Prime Video, R)						