



# JANUARY 2022

5471 Thomaston Road  
 Macon, GA 31220  
 (478) 475-2265  
[www.assistedlivingmacon.com](http://www.assistedlivingmacon.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>New Year's Day</b> 10:00 Walking Club 2:00 Bingo <b>LS</b> 3:00 Movie and Popcorn <b>MS</b> 3:00 Movie and Popcorn 5:00 Rose Bowl Football <b>BM</b> 6:30 Movie and Popcorn <b>FW</b> 6:30 Movie and Popcorn
<b>2</b> <b>BM</b> 9:45 Communion Worship Service with Renee Heath <b>LS</b> 1:30 Puzzle Time <b>LS</b> 3:00 Worship Services Rev. Norman and Kim Carter-	<b>3</b> <b>MS</b> 10:00 Devotions <b>BM</b> 10:30 Rummikub <b>FW</b> 11:00 Finish the Line <b>BM</b> 1:30 Sit and Fit <b>LS</b> 2:30 Ladder Golf <b>MS</b> 7:00 Bingo	<b>4</b> <b>LS</b> 10:00 Devotions <b>BM</b> 10:30 Rummikub <b>MS</b> 11:00 Ring Toss <b>BM</b> 1:30 Word Mining <b>FW</b> 2:30 Exercise <b>CH</b> 3:30 Book Club	<b>5</b> <b>BM</b> 10:00 Devotions <b>FW</b> 11:00 Corn Hole <b>CH</b> 1:30 Kroger Shopping <b>MS</b> 2:00 Bowling with Tonia <b>LS</b> 3:30 Finish the Line	<b>6</b> <b>FW</b> 10:00 Devotions <b>BM</b> 10:30 Rummikub <b>LS</b> 11:00 Excerise <b>BM</b> 1:30 Sit and Fit <b>MS</b> 2:30 Ring Toss <b>CH</b> 3:30 Festival of Trees	<b>7</b> <b>LS</b> 10:00 Corn Hole <b>MS</b> 10:30 Residents Council <b>CH</b> 3:30 Bingo <b>FW</b> 4:00 Happy Hour with Classical Music	<b>8</b> 10:00 Walking Club 2:00 Bingo <b>MS</b> 3:00 Movie and Popcorn <b>LS</b> 3:00 Movie and Popcorn <b>BM</b> 6:30 Movie and Popcorn <b>FW</b> 6:30 Movie and Popcorn
<b>9</b> <b>MS</b> 9:45 Worship Service with Renee Heath <b>BM</b> 1:30 Puzzle Time <b>FW</b> 3:00 Worship Service Rev. Norman and Kim Carter	<b>10</b> <b>MS</b> 10:00 Devotions <b>FW</b> 10:00 Sit and Fit <b>BM</b> 10:30 Music with Bonnie <b>LS</b> 11:00 Are you lucky? <b>FW</b> 1:30 Finish The Line <b>MS</b> 2:00 Corn Hole <b>LS</b> 2:30 Balloon Toss <b>BM</b> 2:30 Sit and Fit <b>CH</b> 3:00 Corn Hole	<b>11</b> <b>LS</b> 10:00 Devotions <b>BM</b> 10:00 Sit and Fit <b>MS</b> 11:00 Let it snow day <b>FW</b> 11:00 Scattergories 1:30 Shopping At Walmart <b>LS</b> 2:00 Exercise <b>FW</b> 2:00 Fun with Lauren <b>MS</b> 3:00 Ladder Golf	<b>12</b> <b>LS</b> 10:00 A Dozen Day <b>BM</b> 10:00 Devotions <b>MS</b> 10:00 Excerise <b>FW</b> 11:00 Hot Tea Day <b>CH</b> 1:30 Kroger Shopping <b>BM</b> 2:00 Fun with Mallory <b>MS</b> 2:00 Hot Tea Day <b>FW</b> 2:00 Walking Club <b>LS</b> 3:00 Corn Hole	<b>13</b> <b>FW</b> 10:00 Devotions <b>MS</b> 10:00 Lets Make S'mores <b>BM</b> 10:30 Sit and Fit <b>LS</b> 11:00 Excerise <b>LS</b> 1:30 A Dozen Day <b>FW</b> 2:30 Corn Hole <b>MS</b> 2:30 Festival of Trees <b>FW</b> 3:30 Connect Four	<b>14</b> <b>MS</b> 10:00 Excerise <b>FW</b> 10:30 Resident Council <b>BM</b> 10:30 Sit and Fit <b>LS</b> 11:00 Finish the Line <b>CH</b> 3:30 Bingo <b>BM</b> 4:00 Happy Hour with Classical Music	<b>15</b> 10:00 Walking Club 2:00 Bingo <b>MS</b> 3:00 Movie and Popcorn <b>LS</b> 3:00 Movie and Popcorn <b>BM</b> 6:30 Movie and Popcorn <b>FW</b> 6:30 Movie and Popcorn



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> <b>LS</b> 9:45 Worship Service with Renee Heath <b>BM</b> 3:00 Worship Services w/ Rev. Norman and Kim Carter	<b>17</b> <b>Martin Luther King Day</b> <b>MS</b> 10:00 Devotions <b>BM</b> 10:00 Sit and Fit <b>LS</b> 11:00 Trivia <b>MS</b> 2:00 Corn Hole <b>FW</b> 2:30 Balloon Toss <b>LS</b> 3:00 Exercise <b>FW</b> 7:00 Bingo	<b>18</b> <b>LS</b> 10:00 Devotions <b>BM</b> 10:00 Exercise <b>FW</b> 11:00 Finish The Line <b>MS</b> 11:00 Sit and Fit 1:30 Walmart Shopping <b>LS</b> 2:00 Fun with Whitney <b>FW</b> 2:30 Music with Rev. Holland <b>MS</b> 3:30 Ring Toss <b>BM</b> 4:00 Scattergories	<b>19</b> <b>BM</b> 10:00 Devotions <b>MS</b> 10:00 Exercise <b>LS</b> 11:00 Corn Hole <b>FW</b> 11:00 Ring Toss <b>CH</b> 1:30 Kroger Shopping <b>BM</b> 1:30 Name That Tune <b>CH</b> 3:30 Big Bingo	<b>20</b> <b>FW</b> 10:00 Devotions <b>MS</b> 10:00 Finish the Line <b>BM</b> 10:30 Sit and Fit <b>CH</b> 1:30 Shopping At Publix <b>FW</b> 2:30 Exercise <b>BM</b> 2:30 Rummikub <b>CH</b> 3:30 Birthday Dinner	<b>21</b> <b>MS</b> 10:00 Exercise <b>BM</b> 10:00 Sit and Fit <b>LS</b> 10:30 Resident Council <b>FW</b> 11:00 Walking Club <b>CH</b> 3:30 Bingo <b>MS</b> 4:00 Happy Hour with Classical Music	<b>22</b> 10:00 Walking Club 2:00 Bingo <b>MS</b> 3:00 Movie and Popcorn <b>LS</b> 3:00 Movie and Popcorn <b>FW</b> 6:30 Movie and Popcorn <b>BM</b> 6:30 Movie and Popcorn
<b>23</b> <b>FW</b> 9:45 Worship Service with Renee Heath <b>MS</b> 3:00 Worship Services with Rev. Norman and Kim Carter	<b>24</b> <b>FW</b> 9:45 Hot Coco Day <b>MS</b> 10:00 Devotions <b>BM</b> 10:00 Sit and Fit <b>LS</b> 11:00 Corn Hole <b>MS</b> 2:00 Marshmallow Monday <b>BM</b> 2:00 Puns Of Fun <b>LS</b> 3:00 Belly Laugh Day <b>FW</b> 3:30 Puns of Fun <b>BM</b> 7:00 Bingo	<b>25</b> <b>LS</b> 10:00 Devotions <b>BM</b> 10:00 Sit and Fit <b>FW</b> 11:00 Corn Hole <b>MS</b> 11:00 Tea & Trivia Day <b>BM</b> 1:30 Eskimo Pie Day/Trivia <b>LS</b> 1:30 Exercise <b>FW</b> 3:00 Eskimo Pie Day <b>MS</b> 3:30 Balloon Toss <b>CH</b> 4:45 Dinner Outing	<b>26</b> <b>BM</b> 10:00 Devotions <b>MS</b> 10:00 Exercise <b>FW</b> 11:00 Corn Hole <b>LS</b> 11:00 Word Mining <b>CH</b> 1:30 Kroger Shopping <b>MS</b> 2:00 Finish the Line <b>BM</b> 2:00 Fun with Rhonda <b>FW</b> 2:30 Walking Club <b>LS</b> 3:00 Corn Hole	<b>27</b> <b>FW</b> 10:00 Devotions <b>MS</b> 10:00 Strange Socks Day <b>BM</b> 10:30 Sit and Fit <b>FW</b> 11:00 Happy Feet Game <b>BM</b> 2:00 Happy Feet Game <b>CH</b> 3:00 Card Party <b>LS</b> 3:00 Chocolate Cake day	<b>28</b> <b>MS</b> 10:00 Exercise <b>LS</b> 10:00 Finish the Line <b>BM</b> 10:00 Sit and Fit <b>FW</b> 10:30 Resident Counsel <b>BM</b> 11:00 Trivia Plus <b>FW</b> 1:30 Walking Club <b>CH</b> 3:30 Bingo <b>LS</b> 4:00 Happy Hour with Classical Music	<b>29</b> 10:00 Walking Club 2:00 Bingo <b>MS</b> 3:00 Movie and Popcorn <b>LS</b> 3:00 Movie and Popcorn <b>FW</b> 6:30 Movie and Popcorn <b>BM</b> 6:30 Movie and Popcorn
<b>30</b> <b>BM</b> 9:45 Worship Services with Renee Heath <b>LS</b> 3:00 Worship Services Rev. Norman and Kim Carter	<b>31</b> <b>MS</b> 10:00 Devotions <b>BM</b> 10:00 Sit and Fit <b>LS</b> 11:00 Corn Hole <b>FW</b> 11:00 Puzzler Day <b>BM</b> 1:30 Puzzler Day <b>MS</b> 2:00 Art Day <b>FW</b> 3:00 Ring Toss <b>LS</b> 3:00 Spare Day					