

NOVEMBER 2021



Preston Pointe | Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3D - 3rd Floor Dining Room BR - Boardroom DR - Dining Room FL - Fireside Lounge FC - Fitness Center GR - Game Room L2 - Library, 2nd floor L - Lobby OF - Outside Fitness Center P - Patio SU - Sign Up T - Theater</p>	<p>1</p> <p>P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Food Lion & Dollar Tree OF 10:00 Stitch in Time FC 10:00 Strength Exercise L 10:30 Coffee and Chat SU 1:30 Walmart L2 2:00 Train Dominoes T 2:00 Happy Music by Marie 3D 3:00 Bible Study with Betty FL 6:00 Rummikub</p>	<p>2 Election Day</p> <p>SU 9:30 Voting Shuttle (last departure 12:30 PM) FC 10:00 Chair Yoga 3D 11:00 Bingo GR 1:00 Kings & Queens Poker FC 1:15 Legacy Exercise T 1:30 Chef's Talk 3D 2:00 Mah Jongg with Lucille L 2:30 Wine & Cheese: Food Drive FC 3:30 Play Taboo GR 4:00 Shuffleboard & Billiards</p>	<p>3</p> <p>P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Park West FC 10:00 Zumba Gold Chair Dance 3D 11:00 Coups for the Troops OF 1:00 Mobility Clinic GR 1:00 Bridge Club FL 1:00 Rummikub 3D 2:00 Bunco BR 2:00 Art Workshop: Painting T 6:30 Broadway Show: Kiss Me Kate (Prime Video, PG-13-Musical)</p>	<p>4</p> <p>FC 9:00 Walk with Ease T 10:00 The Beauty of Fall FC 10:00 Chair Yoga SU 10:30 Shopping: Visions of Sugarplums-Holiday Art & Gifts 3D 11:00 Bingo GR 1:00 Aces Poker T 2:00 Wii Bowling 3D 3:00 Catholic Communion GR 3:30 Scrabble T 3:30 Grief and Loss Support Group</p>	<p>5</p> <p>P 9:00 Walking Club (Lobby) FC 10:00 Strength Exercise 10:30 Nature Series: Tiny Creatures 11:00 NC Symphony Friday Favorites P 11:30 Putting Contest FC 1:15 Cardio Drum w/ Legacy L2 2:00 Train Dominoes 3D 2:00 Mah Jongg with Lucille T 2:30 Happy Hour w/ Ed Lyons T 7:15 Shabbat w/ the Lewis</p>	<p>6</p> <p>OF 10:00 Stitch in Time 3D 11:00 Preston Players Meeting 3D 1:00 Play Boggle 3D 1:00 Catholic Bible Study T 2:00 Movie Matinee: Flipped (Netflix, PG-Feel-Good, Romantic Comedy) GR 4:00 Shuffleboard and Billiards T 6:30 Travel: Blue Ridge Parkway-America's Grand Balcony (DVD, G)</p>
<p>7 Daylight Saving Ends</p> <p>SU 8:00 Transportation to St. Michaels and Genesis T 10:30 St. Michael's Mass SU 10:30 Transportation to Covenant Christian DR 11:00 Sunday Brunch T 2:00 Movie Matinee: Beethoven (Netflix, PG) 3D 4:00 Sunday Social Club T 5:30 Indian Summer T 6:30 Broadway: Carousel (Prime Video, Musical)</p>	<p>8</p> <p>P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Food Lion & Dollar Tree OF 10:00 Stitch in Time FC 10:00 Strength Exercise L 10:30 Coffee and Chat SU 1:30 Post Office and Banks L2 2:00 Train Dominoes T 2:00 Happy Music by Marie T 3:00 Activities Planning Meeting 3D 3:00 Bible Study with Betty FL 6:00 Rummikub</p>	<p>9</p> <p>T 9:30 COVID Booster Shot Clinic FC 10:00 Chair Yoga 3D 11:00 Bingo GR 1:00 Kings & Queens Poker FC 1:15 Legacy Exercise FC 1:45 Guided Meditation & Relaxation 3D 2:00 Mah Jongg with Lucille L 2:30 Wine & Cheese: Team Trivia GR 4:00 Shuffleboard & Billiards</p>	<p>10</p> <p>P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Park West FC 10:00 Zumba Gold Chair Dance P 1:00 Turkey Trot and Food Drive GR 1:00 Bridge Club FL 1:00 Rummikub BR 2:00 Art Workshop: Painting SU 2:30 West Regional Library P 3:30 Cornhole T 3:30 Laugh Out Loud: Kids</p>	<p>11 Veterans Day</p> <p>FC 9:00 Walk with Ease FC 10:00 Chair Yoga 3D 11:00 Bingo DR 12:00 Veterans Luncheon of Honor GR 1:00 Aces Poker T 1:30 Salute to Veterans: Patriotic Music with Bruce Smith 3D 3:00 Catholic Communion T 3:00 Wii Bowling GR 3:30 Scrabble T 6:30 Veterans Memorials of Washington DC</p>	<p>12</p> <p>P 9:00 Walking Club (Lobby) FC 10:00 Strength Exercise 10:30 Nature Series: Tiny Creatures SU 10:30 Veterans Freedom Park FC 1:15 Cardio Drum w/ Legacy L2 2:00 Train Dominoes 3D 2:00 Mah Jongg with Lucille T 2:30 Happy Hour with Luke Lowe T 6:30 Documentary: RBG (Netflix, PG-Inspiring)</p>	<p>13</p> <p>OF 10:00 Stitch in Time 3D 11:00 Preston Players Meeting 3D 1:00 Play Boggle T 2:00 Movie Matinee: The Starling (Netflix, PG-13-Drama) GR 4:00 Shuffleboard and Billiards T 6:30 Travel: London-City of Many Faces</p>
<p>14</p> <p>SU 8:00 Transportation to St. Michaels and Genesis T 10:30 St. Michael's Mass SU 10:30 Transportation to Covenant Christian DR 11:00 Sunday Brunch T 2:00 Movie Matinee: Hampstead (Netflix, PG-13-Romantic) 3D 4:00 Sunday Social Club L 5:00 Sing-Along with Teresa</p>	<p>15</p> <p>P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Food Lion & Dollar Tree OF 10:00 Stitch in Time FC 10:00 Strength Exercise T 10:30 Aerial America: Amazing Destinations L 10:30 Coffee and Chat SU 1:30 Publix & Harris Teeter L2 2:00 Train Dominoes T 2:00 Happy Music by Marie 3D 3:00 Bible Study with Betty FL 6:00 Rummikub</p>	<p>16</p> <p>FC 10:00 Chair Yoga T 10:30 Aerial America: Beyond Hollywood 3D 11:00 Bingo GR 1:00 Kings & Queens Poker T 1:00 All American Town: Morrisville FC 1:15 Legacy Exercise 3D 2:00 Mah Jongg with Lucille L 2:30 Wine & Cheese: Welcome New Residents GR 4:00 Shuffleboard & Billiards</p>	<p>17</p> <p>P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Park West FC 10:00 Zumba Gold Chair Dance T 10:30 Aerial America: Best Small Towns P 12:00 Fall Fest: Chili, Beer, Games! GR 1:00 Bridge Club FL 1:00 Rummikub BR 2:00 Art Workshop: Painting 3D 2:00 Bunco T 3:30 Play America Says</p>	<p>18</p> <p>FC 9:00 Walk with Ease FC 10:00 Chair Yoga T 10:30 Aerial America: Wilderness 3D 11:00 Bingo GR 1:00 Aces Poker 3D 3:00 Catholic Communion GR 3:30 Scrabble T 3:30 Guess What: American Roadtrip T 6:30 Travel: Exploring the Grand Canyon</p>	<p>19</p> <p>9:00 Audiology Clinic P 9:00 Walking Club (Lobby) FC 10:00 Strength Exercise T 10:30 Aerial America: Roadside Attractions T 11:30 LOL: Animals FC 1:15 Cardio Drum w/ Legacy L2 2:00 Train Dominoes 3D 2:00 Mah Jongg with Lucille T 2:30 Happy Hour w/ Caroline Gregory T 6:30 Documentary: My Heroes Were Cowboys (Netflix, PG)</p>	<p>20</p> <p>OF 10:00 Stitch in Time 3D 10:00 Book Club 3D 11:00 Preston Players Meeting 3D 1:00 Play Boggle T 2:00 Movie Matinee: Queenpins (Netflix, R-Comedy based on True Story) GR 4:00 Shuffleboard and Billiards T 6:30 Travel: The Great Smokies-A Wildlands Sanctuary</p>

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21 SU 8:00 Transportation to St. Michaels and Genesis T 10:30 St. Michael's Mass SU 10:30 Transportation to Covenant Christian DR 11:00 Sunday Brunch T 2:00 Movie Matinee: The Interpreter (Netflix, PG-13-Mystery) 3D 4:00 Sunday Social Club	22 P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Food Lion & Dollar Tree OF 10:00 Stitch in Time FC 10:00 Strength Exercise L 10:30 Coffee and Chat SU 1:30 Banks and Post Office L2 2:00 Train Dominoes T 2:00 Happy Music by Marie 3D 3:00 Bible Study with Betty FL 6:00 Rummikub L 7:15 Sing-a-long with Lisa	23 FC 10:00 Chair Yoga 3D 11:00 Bingo T 11:30 Guess What: American Parks GR 1:00 Kings & Queens Poker FC 1:15 Legacy Exercise 3D 2:00 Mah Jongg with Lucille L 2:30 Wine & Cheese: Cash Prize GR 4:00 Shuffleboard & Billiards T 6:30 Movie Matinee: Barry (Netflix, TV-MA, Biopic)	24 P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Park West FC 10:00 Zumba Gold Chair Dance 3D 12:30 October & November Birthday Party GR 1:00 Bridge Club FL 1:00 Rummikub BR 2:00 Art Workshop: Painting SU 2:30 West Regional Library T 3:30 Mind Fit L 7:00 Piano with Barbara Sneed	25 Thanksgiving T 9:00 Macy's Thanksgiving Parade (until 12:00 PM) DR 11:00 Thanksgiving Meal (until 2:00) GR 1:00 Aces Poker T 2:00 Movie: Under the Tuscan Sun (Prime, PG-13, Romantic) GR 3:30 Scrabble L 5:00 Music with Teresa T 6:30 Musical: Brigadoon (DVD, G-Classic)	26 Black Friday P 9:00 Walking Club (Lobby) FC 10:00 Strength Exercise 3D 11:30 Jewelry Making FC 1:15 Cardio Drum w/ Legacy L2 2:00 Train Dominoes 3D 2:00 Mah Jongg with Lucille P 2:30 Happy Hour w/ Tom Neushauser T 6:30 Documentary: Kitty Love-An Homage to Cats (Netflix, TV-G-Family)	27 OF 10:00 Stitch in Time 3D 11:00 Preston Players Meeting 3D 1:00 Play Boggle T 2:00 Movie Matinee: Victoria and Abdul (Netflix, PG-13, Feel-Good) GR 4:00 Shuffleboard and Billiards T 6:30 Travel: The Great Parks of Alaska (DVD)
28 Hanukkah Begins SU 8:00 Transportation to St. Michaels and Genesis T 10:30 St. Michael's Mass SU 10:30 Transportation to Covenant Christian DR 11:00 Sunday Brunch T 2:00 Movie Matinee: Must Love Dogs (Prime Video, PG-13-Romantic Comedy) 3D 4:00 Sunday Social Club	29 P 9:00 Walking Club (Lobby) SU 9:30 Shuttle: Food Lion & Dollar Tree OF 10:00 Stitch in Time FC 10:00 Strength Exercise L 10:30 Coffee and Chat SU 1:30 Kohl's of Apex L2 2:00 Train Dominoes T 2:00 Happy Music by Marie 3D 3:00 Bible Study with Betty FL 6:00 Rummikub	30 FC 10:00 Chair Yoga 3D 11:00 Bingo GR 1:00 Kings & Queens Poker FC 1:15 Legacy Exercise T 1:30 Meet the Author: Greg Naclerio-You Can't Make This Stuff Up-My Criminal Law War Stories 3D 2:00 Mah Jongg with Lucille L 2:30 Wine & Cheese: Piano T 3:30 Name that Tune GR 4:00 Shuffleboard & Billiards				