

| March 2024                     |                             |                                  |                           |                          |                    |                                  |
|--------------------------------|-----------------------------|----------------------------------|---------------------------|--------------------------|--------------------|----------------------------------|
| SUNDAY                         | MONDAY                      | TUESDAY                          | WEDNESDAY                 | THURSDAY                 | FRIDAY             | SATURDAY                         |
| Feb 25                         | 26                          | 27                               | 28                        | 29                       | Mar 1              | 2                                |
|                                |                             |                                  |                           |                          | 10:30am Dancercize | 11:00am Twist And Shout Exercise |
|                                |                             |                                  |                           |                          | 2:00pm Bingo Blast | 2:00pm Manicures                 |
|                                |                             |                                  |                           |                          | 3:00pm Puzzles     | 3:00pm Walk With a Buddy         |
|                                |                             |                                  |                           |                          |                    |                                  |
| 3                              | 4                           | 5                                | 6                         | 7                        | 8                  | 9                                |
| 10:30am Video Chair Exercise   | 11:30am Noodlesize Exercise | 11:00am Move And Groove Exercise | 11:00am Stand Up Exercise | 11:00am Stretch it out   | 10:30am Dancercize | 11:00am Twist And Shout Exercise |
| 11:00am Charles Stanley Sermon | 2:00pm Bingo Blast          | 2:00pm Scribble Art              | 2:00pm Bingo Blast        | 2:00pm Scribble Art      | 2:00pm Bingo Blast | 2:00pm Manicures                 |
| 2:30pm Featured Film           | 3:00pm Ring Toss            | 2:00pm Scribble Art              | 3:00pm Music Therapy      | 3:00pm Walk With a Buddy | 3:00pm Puzzles     | 3:00pm Walk With a Buddy         |
|                                |                             | 3:00pm Toss the Ball             |                           |                          |                    |                                  |
|                                |                             |                                  |                           |                          |                    |                                  |
| 10                             | 11                          | 12                               | 13                        | 14                       | 15                 | 16                               |
| 10:30am Video Chair Exercise   | 11:30am Noodlesize Exercise | 11:00am Move And Groove Exercise | 11:00am Stand Up Exercise | 11:00am Stretch it out   | 10:30am Dancercize | 11:00am Twist And Shout Exercise |
| 11:00am Charles Stanley Sermon | 2:00pm Bingo Blast          | 2:00pm Scribble Art              | 2:00pm Bingo Blast        | 2:00pm Scribble Art      | 2:00pm Bingo Blast | 2:00pm Manicures                 |
| 2:30pm Featured Film           | 3:00pm Ring Toss            | 2:00pm Scribble Art              | 3:00pm Music Therapy      | 3:00pm Walk With a Buddy | 3:00pm Puzzles     | 3:00pm Walk With a Buddy         |
|                                |                             | 3:00pm Toss the Ball             |                           |                          |                    |                                  |
|                                |                             |                                  |                           |                          |                    |                                  |
| 17                             | 18                          | 19                               | 20                        | 21                       | 22                 | 23                               |
| Saint Patrick's Day            | 11:30am Noodlesize Exercise | First Day of SPRING              | 11:00am Stand Up Exercise | 11:00am Stretch it out   | 10:30am Dancercize | 11:00am Twist And Shout Exercise |
| 10:30am Video Chair Exercise   | 2:00pm Bingo Blast          | 11:00am Move And Groove Exercise | 2:00pm Bingo Blast        | 2:00pm Scribble Art      | 2:00pm Bingo Blast | 2:00pm Manicures                 |
| 11:00am Charles Stanley Sermon | 3:00pm Ring Toss            | 2:00pm Flower Wordsearch         | 3:00pm Music Therapy      | 3:00pm Walk With a Buddy | 3:00pm Puzzles     | 3:00pm Walk With a Buddy         |
| 2:30pm Featured Film           |                             | 3:00pm Spring Portraits          |                           |                          |                    |                                  |
|                                |                             |                                  |                           |                          |                    |                                  |
| 24                             | 25                          | 26                               | 27                        | 28                       | 29                 | 30                               |
| 10:30am Video Chair Exercise   | 11:30am Noodlesize Exercise | 11:00am Move And Groove Exercise | 11:00am Stand Up Exercise | 11:00am Stretch it out   | 10:30am Dancercize | 11:00am Twist And Shout Exercise |
| 11:00am Charles Stanley Sermon | 2:00pm Bingo Blast          | 2:00pm Cross Painting Craft      | 2:00pm Bingo Blast        | 2:00pm Scribble Art      | 2:00pm Bingo Blast | 2:00pm Manicures                 |
| 2:30pm Featured Film           | 3:00pm Ring Toss            | 3:00pm Easter Word Scramble      | 3:00pm Music Therapy      | 3:00pm Easter Egg Hunt   | 3:00pm Puzzles     | 3:00pm Walk With a Buddy         |
|                                |                             |                                  |                           |                          |                    |                                  |
|                                |                             |                                  |                           |                          |                    |                                  |
| 31                             | Apr 1                       | 2                                | 3                         | 4                        | 5                  | 6                                |
| Easter                         |                             |                                  |                           |                          |                    |                                  |
| 10:30am Video Chair Exercise   |                             |                                  |                           |                          |                    |                                  |
| 11:00am Charles Stanley Sermon |                             |                                  |                           |                          |                    |                                  |
| 3:00pm Easter Crossword        |                             |                                  |                           |                          |                    |                                  |