

January 2022

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|--|---|
| Dec 26 | 27 | 28 | 29 | 30 | 31 | Jan 1, 22 <div style="border: 1px solid black; padding: 2px;">HAPPY NEW YEAR!</div> <div style="border: 1px solid black; padding: 2px;">11:30am Twist And Shout Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm New Years Celebration</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk with a Buddy</div> |
| 2 <div style="border: 1px solid black; padding: 2px;">10:30am Video Chair Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bible Study</div> <div style="border: 1px solid black; padding: 2px;">2:30pm Featured Film</div> | 3 <div style="border: 1px solid black; padding: 2px;">11:30am Noodlesize Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Ring Toss</div> | 4 <div style="border: 1px solid black; padding: 2px;">11:30am Move And Groove Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:30pm Paint with me</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Toss the Ball</div> | 5 <div style="border: 1px solid black; padding: 2px;">10:30am Bible Study On Video</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Music Therapy</div> | 6 <div style="border: 1px solid black; padding: 2px;">10:30am Stretch it out</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Penny Auction</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk With a Buddy</div> | 7 <div style="border: 1px solid black; padding: 2px;">11:30am Dancercize</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Color/Puzzles/Social Time</div> | 8 <div style="border: 1px solid black; padding: 2px;">11:30am Twist And Shout Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Manicures</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk with a Buddy</div> |
| 9 <div style="border: 1px solid black; padding: 2px;">10:30am Video Chair Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bible Study</div> <div style="border: 1px solid black; padding: 2px;">2:30pm Featured Film</div> | 10 <div style="border: 1px solid black; padding: 2px;">11:30am Noodlesize Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Ring Toss</div> | 11 <div style="border: 1px solid black; padding: 2px;">11:30am Move And Groove Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Checkers</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Toss the Ball</div> | 12 <div style="border: 1px solid black; padding: 2px;">10:30am Bible Study On Video</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Music Therapy</div> | 13 <div style="border: 1px solid black; padding: 2px;">10:30am Stretch it out</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Reminisce</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk With a Buddy</div> | 14 <div style="border: 1px solid black; padding: 2px;">11:30am Dancercize</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Color/Puzzles/Social Time</div> | 15 <div style="border: 1px solid black; padding: 2px;">11:30am Twist And Shout Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Manicures</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk with a Buddy</div> |
| 16 <div style="border: 1px solid black; padding: 2px;">10:30am Video Chair Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bible Study</div> <div style="border: 1px solid black; padding: 2px;">2:30pm Featured Film</div> | 17 <div style="border: 1px solid black; padding: 2px;">11:30am Noodlesize Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Ring Toss</div> | 18 <div style="border: 1px solid black; padding: 2px;">11:30am Move And Groove Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Checkers</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Toss the Ball</div> | 19 <div style="border: 1px solid black; padding: 2px;">10:30am Bible Study On Video</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Music Therapy</div> | 20 <div style="border: 1px solid black; padding: 2px;">10:30am Stretch it out</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Reminisce</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk With a Buddy</div> | 21 <div style="border: 1px solid black; padding: 2px;">11:30am Dancercize</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Color/Puzzles/Social Time</div> | 22 <div style="border: 1px solid black; padding: 2px;">11:30am Twist And Shout Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Manicures</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk with a Buddy</div> |
| 23 <div style="border: 1px solid black; padding: 2px;">10:30am Video Chair Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bible Study</div> <div style="border: 1px solid black; padding: 2px;">2:30pm Featured Film</div> | 24 <div style="border: 1px solid black; padding: 2px;">11:30am Noodlesize Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Ring Toss</div> | 25 <div style="border: 1px solid black; padding: 2px;">11:30am Move And Groove Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Checkers</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Toss the Ball</div> | 26 <div style="border: 1px solid black; padding: 2px;">10:30am Bible Study On Video</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Music Therapy</div> | 27 <div style="border: 1px solid black; padding: 2px;">10:30am Stretch it out</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Reminisce</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk With a Buddy</div> | 28 <div style="border: 1px solid black; padding: 2px;">11:30am Dancercize</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Color/Puzzles/Social Time</div> | 29 <div style="border: 1px solid black; padding: 2px;">11:30am Twist And Shout Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Manicures</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Walk with a Buddy</div> |
| 30 <div style="border: 1px solid black; padding: 2px;">10:30am Video Chair Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bible Study</div> <div style="border: 1px solid black; padding: 2px;">2:30pm Featured Film</div> | 31 <div style="border: 1px solid black; padding: 2px;">11:30am Noodlesize Exercise</div> <div style="border: 1px solid black; padding: 2px;">2:00pm Bingo Blast</div> <div style="border: 1px solid black; padding: 2px;">3:00pm Ring Toss</div> | Feb 1 | 2 | 3 | 4 | 5 |