



The Center for Patient Safety is pleased to host this virtual workshop with presenters Brian LaCroix, Eunice Halverson, Shelby Cox, and Dr. Susan Scott.

LifeGuard Train-the-Trainer Workshop

Virtual

2022 SPRING WORKSHOP

Workshop Dates.

Session 1: Feb 3rd, 12:00-2:00 p.m. CST

Session 2: Feb 10th, 12:00-2:00 p.m. CST

Session 3: Feb 24th, 12:00-2:00 p.m. CST

Post-Session Support.

Resource library available for 12-months
Trainer Community Forums

Cost.

~~\$599~~ \$100 for First Responders

~~\$599~~ \$75 for first responders in Missouri

~~\$529~~ \$75 for CPS EMS PSO Participants

Format and Requirements.

Virtual: attend via Zoom with an internet connection with viewing, speaking, and listening devices.

[LEARN MORE ONLINE](#)

WHO WILL BENEFIT

The potential professional and personal toll on individuals is substantial as providing emergent care threatens the emotional well-being of the workforce. This multi-phase workshop provides the knowledge and tools necessary to establish Peer Support teams using Second Victim concepts to address the increasing needs of all team members.

The Center for Patient Safety would like to extend a very special

thank you to **The SAVVIK Foundation** for their 2021-22 LifeGuard Program Platinum Sponsorship! Because of their generosity, we are able to offer this program at a reduced cost for First Responders across the Country.



Today's workforce is facing many challenges, including the demands encountered during a challenging clinical event. Individuals often have strong emotional defenses that carry them through and let them “get the job done” often without addressing the emotional aftershock or stress reaction that can impact them for months.



What I liked most was the step-by-step process to establish a peer support program and the interaction with others either setting up peer support or improving their own program.

- WORKSHOP ATTENDEE



Every instructor was very helpful and open to any questions or concerns.

- WORKSHOP ATTENDEE



SECOND VICTIM FAST FACTS

- Second victims are individuals working within an environment to offer/provide care and who are traumatized by an event.
- Each second victim (even those involved in the same event) will have unique experiences and needs.
- Regardless of job title, six stages of second victim recovery follow a traumatic event; understanding them allows peer supporters to help.
- Knowing which events carry the greatest risk of inducing a second victim response can improve support efforts.
- Trained peer support colleagues can identify common signs of stress such as isolation and predictable patterns of worry.

PROGRAM OBJECTIVES

- Understand how a peer support program supports workforce well-being after a variety of challenging clinical exposures.
- Customize and define a plan to deploy and sustain a peer support network within your organization.

SESSION 1 OBJECTIVES

1. Understand basic concepts of the Second Victim experience
2. Identify the Recovery Stages after a traumatic event or during challenging times
3. Understand potential career outcomes: Drop Out, Survive, Thrive
4. Begin conversations to implement a peer support network at your organization

SESSION 2 OBJECTIVES

1. Understand the three-tiered support model
2. Identify barriers to providers seeking help
3. Increase personal ability to have a critical conversation
4. Understand key components of a supportive conversation

SESSION 3 OBJECTIVES

1. Describe the steps to develop a peer support program
2. Explain how LifeGuard can be integrated into your Patient Safety Plan
3. Describe implementation ideas for your organization

