



FOCUS ON HEARING HEALTH

What To Know About Hearing Loss



Recognizing the Signs of Hearing Loss

Signs of hearing loss can develop slowly over time, or they can begin suddenly. Struggling to hear certain sounds or syllables is a telltale sign of hearing loss.

An estimated 30 million Americans suffer from hearing loss and could benefit from using hearing aids. Left untreated, hearing loss can have significant effects on communication abilities, quality of life, social participation and overall health.

How Can You Treat Hearing Loss?

Hearing loss is a common condition, with many treatment options to restore one of your key senses. Treatment is dependent upon the type of hearing loss and individual's hearing needs.

To determine your best course of care, schedule an appointment with a local hearing provider who will make recommendations based on:

- 1 Your type of hearing loss
- 2 Your degree of hearing loss
- 3 The cause(s) of hearing loss, if known
- 4 Your lifestyle, interests and communication needs
- 5 Your cosmetic preferences and budget



VBA discounts on hearing aids include extended family members!

Your Hearing Network's 60-day guarantee is the perfect way to experience better hearing. Call (888) 819-5333 (Monday - Friday between 8:30 am - 8:00 pm EST) for more information or to request a free hearing exam with a provider in your area.

Limited Time Offer: VBA members receive a \$200 rebate on advanced hearing aids.*

Hearing health care services administered by **yourhearing network**

400 Lydia Street, Suite 300 | Carnegie, PA 15106 | 1-800-432-4966 | www.vbaplans.com

The information contained above is intended to be educational in nature, does not constitute medical advice, and should not be relied on as a substitute for actual professional medical advice, care or treatment. If you have any hearing or other health related concerns, VBA encourages you to immediately contact your hearing healthcare provider, or any other competent, licensed, medical professional.

1. National Institute on Deafness and Other Communication Disorders (www.nidcd.nih.gov/health/statistics/quick-statistics-hearing) • 2. Up to 40% off pricing as referenced in the Consumer Guide to Hearing Aids, details available on request. Discount varies depending on product. This offer is only good at participating Your Hearing Network provider locations and cannot be combined with any other offer or discount

*Offer good through 12/31/2022. Rebates are valid only on product technology levels 3, 4, 5 and may not be used with any federal or state funded reimbursement programs. Free Exams for adults. Rebates are not valid on returned hearing aids, please allow 60 days for receipt of the mail-in-rebate.

Hearing Loss

can be debilitating without treatment. Most types can be overcome with professional hearing care.

Symptoms Include:

Muffled sounds

Frequently asking others to speak more slowly, clearly and loudly

Needing to turn up the volume on the television or radio

Withdrawal from conversations

Avoidance of some social settings

Did You Know?



With Your Hearing Network, VBA members receive a free annual hearing exam.



Members have access to exclusive hearing aid benefits including savings over 40% off high-performing hearing aids.²



Hearing aids come with a 3 year manufacturer's warranty, including loss and damage coverage.