REASONS NOT TO FEAR A

## STOCK MARKET CORRECTION

THE POWER OF HEALTHY

## MARKET CORRECTIONS

## CORRECTIONS HAPPEN

It may come as a surprise to some, but market corrections happen fairly often. It's normal for the economy to naturally go through peaks and downfalls over time.

## WHAT CAUSES A CORRECTION?

Highs and lows in the market will always occur. Some common causes for a market correction are

- Economic indicators
- Economic indicators
- Political and geo-political
- Valuations in various asset
classes classes
- Environmental and weather factors
"Disruptions" such as new
technology
- Technical trading

Despite the sharp drop in the stock market in early
2020, by the end of 2021, we still seem long overdue for a sustained market correction; such a correction is probably inevitable. Remember, we typically experience
a correction, defined as a $20 \%$ drop in the market once correction, defined as a 20\% drop in the market, once every 55 months ( 4.5 years).

IMPORTANCE OF REMAINING INVESTED
If you don't have any assets in the market, then there
is no chance of gaining from market lows. Below is a chart from MorningStar that highlights the mportance of staying invested in the market, even during a market decline.


This chart shows the growth of three different accounts from the market lows in 2009 through January 2017. The investor of Account A pulled all o his/her money out of the market and moved it to cash. The investor of Account B moved his/her funds to cash for one year and then reinvested the money into the market. The investor of Account C took no action and rode out the market correction.

By keeping his/her money invested, the owner of Account C earned $\$ 141,030$ more than the owner of Account A , who pulled everything out of the market. over this eight-year period.
Returns and principal invested in stocks are not guaranteed. Stocks have
been more volatile than bonds or cash. Holding a portfolio of securities for the ong term does not ensure a profitable outcome and investing in securit Ways involves risk of loss. About the data: Recession data is from the National Bureau of Economic Research (NBER). The market is represented by the Ibootsone Large Company stock Index. Cash is represented by the 30 -day S. Treasury bill. An investment cannot be made directily in an index. data assumes rein
transaction costs.

## EMOTIONAL SIDE OF INVESTING

While it's normal for investors to get scared, frustrated, or upse about losing money in the marke these short-term emotions are not based on sound investmen principles. When investing, it is important to stay calm. The end of the year is a great time to review your finances and identify an changes you want to make in your overall investment portfolio.

## NEXT STEPS

1. Know your timeline - when will you need funds? In 5 years, 10 years, 20 years? Determine how many of the market ups and downs you are willing to stomach.
2. Make sure you are invested in the right mix of stocks, bonds and cash for your specific needs.
3. Don't worry if and when a market correction happens - you will be well prepared if you complete steps 1 and $2!$

