# SUBJECT REVIEW & DEVELOPMENT FRAMEWORK FOR PSHE EDUCATION

**KEY STAGES 1-5** 



**PSHE** Association

**The national body** for Personal, Social, Health and Economic (PSHE) education

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The PSHE Association is the national body for personal, social, health and economic (PSHE) education – the school curriculum subject that supports pupils to be healthy, safe and prepared for modern life. PSHE education incorporates health education, relationships education/relationships and sex education (RSE) and economic wellbeing and careers.

A charity and membership organisation, the Association works to improve PSHE education standards by supporting a national community of teachers and schools with resources, training and advice.

Find out more and become a member at www.pshe-association.org.uk

The Subject Review and Development Framework accompanies the <u>PSHE Education Subject Review Tool</u> and the <u>Subject</u> <u>Development Plan Template</u>. Together with the descriptors for the three stages of development (from the Subject Review Tool), it contains relevant links to PSHE Association (and other) materials and resources to support you in planning and carrying out your next steps in developing PSHE education (including statutory Relationships Education/Relationships and Sex Education and Health Education) in your school.

#### **USING THIS FRAMEWORK**

Once you have completed and submitted your school's self-evaluation for the three sections of the PSHE Education Subject Review Tool ('Leadership, Management and Organisation', 'The PSHE Education Curriculum' and 'Teaching and Learning in PSHE Education'), you will receive an email suggesting some next steps and a PDF record of your self-evaluation.

You and your school community can then begin the most important step: reflecting upon areas of strength and identifying your next steps in developing your PSHE education provision.

Using your school's reports for the three sections, prioritise your areas for development, then refer to the descriptors for the three stages of development in this framework, to identify what the next stage will look like in each of your priority areas.

Use this understanding to record measurable goals in the Subject Development Plan Template, alongside the actions that will be taken to achieve these goals, by whom and by when. The links provided in each section below will help you to easily access the appropriate materials you need to support your work to develop your provision and meet your goals.

#### **SECTION 1** Leadership, Management and Organisation of PSHE education

	STAGE 1	STAGE 2	STAGE 3	RESOURCES
How is PSHE education led?	<ul> <li>The school has allocated a designated subject lead.</li> <li>A link governor has been identified.</li> <li>The subject lead is given support to lead and manage PSHE education effectively.</li> <li>The PSHE lead, SLT and governors are aware of current developments and statutory requirements in PSHE education.</li> </ul>	<ul> <li>The PSHE lead, senior leadership and link governor communicate effectively to ensure matters which impact upon or relate to PSHE education are considered at a strategic level.</li> <li>The PSHE lead is well supported in their middle-leadership role.</li> <li>The PSHE lead, SLT and governors are well informed about current developments, statutory requirements and best practice in PSHE education.</li> </ul>	<ul> <li>The leadership line manager for PSHE education is proactive and provides effective support.</li> <li>The link governor is a passionate advocate for PSHE education.</li> <li>The PSHE lead is consulted on key decisions which affect PSHE education and their expertise is valued.</li> <li>The PSHE Lead, SLT and governors have an excellent understanding of current developments, and are confident to deliver evidence-based and data-informed high quality PSHE education in line with best practice principles that meets and exceeds statutory requirements.</li> </ul>	Department for Education - Statutory         Guidance: Relationships Education,         Relationships and Sex Education (RSE)         and Health Education         PSHE Association - Explainer slides on         statutory PSHE changes and the new         Ofsted framework         PSHE Association - Blog: Heads up!         Getting leadership and management         right for new statutory requirements
Do you have a plan to develop PSHE education?	<ul> <li>There are ideas about how to develop PSHE education over the next year. The next step is to create an action plan to address these.</li> <li>Leadership have allocated some budget, resourcing and time to PSHE education but would like to find ways of providing more.</li> </ul>	<ul> <li>The school has written a strategic plan with some measurable goals for PSHE education.</li> <li>There is adequate resourcing and time allocated to PSHE education.</li> <li>Proposals for improvements are under active consideration.</li> </ul>	<ul> <li>There is an ambitious plan to continuously develop PSHE education, including a curriculum development plan.</li> <li>The PSHE lead has the full support of senior leadership to facilitate these developments.</li> <li>PSHE education is included in the school development plan and self-evaluation.</li> </ul>	PSHE Association – Quick start guide PSHE Association – Tools for the job

	• The PSHE lead is responsible for	• Key staff worked collaboratively to	• The school has a clear PSHE	PSHE Association – Writing your RSE
hat	writing or updating Relationships	create a Relationships Education/RSE	education policy which outlines our	policy
es t	Education/RSE and PSHE education	policy in line with statutory guidance	vision, intent, teaching approach and	
olici	policies and has sought some	and which outlines our programme's	curriculum plan.	PSHE Association – Creating a PSHE
How do you ensure you have appropriate policies that are fit for purpose?	guidance.	intent.	• The school engaged with parents,	education policy for your school
opri	• The PSHE lead has drafted a	• The school's Relationships Education/	pupils, teaching staff and SLT/	PSHE Association – Guides to
bbr	Relationships Education/RSE policy	RSE policy is within, or links to, an	governors and were informed by	supporting parental engagement
ve a	and is seeking engagement from	effective PSHE education policy.	statutory guidance to write the	
r ha	stakeholders.	• The school engaged with parents	policy, and will continue to engage all	PSHE Association – Ask a Subject
, you		when writing the policy.	stakeholders when updating policies.	Specialist: Episode 1
sure se?			• The school's Relationships Education/	
l en:			RSE policy and PSHE education	
y or			policies link to, and are supported	
/ do fit fe			by, wider school policies (e.g.	
How are 1			safeguarding, child protection, drug,	
			and anti-bullying policies).	
	• There is a plan to monitor and	• The PSHE lead regularly monitors	• The PSHE lead regularly monitors and	PSHE Association – Guides to
u;	evaluate PSHE education and identify	and evaluates PSHE education using	evaluates PSHE education to the same	assessment
atic	the main strengths and areas for	some of the following: learning walks,	high standard expected in any subject.	
onpa	development.	observations, work scrutiny, pupil	• The PSHE lead has a clear, evidence-	PSHE Association – Monitoring &
Щ Щ		voice, teacher voice, assessment of	based understanding of the school's	evaluating PSHE education
PSI		pupils' learning.	strengths and main priorities to	PSHE Association - Curriculum audit
late			douglan informed by monitoring	spreadsheets
		• The PSHE lead uses these processes	develop, informed by monitoring	spicadonecto
valu		to develop a sound understanding of	processes, pupil and teacher voice and	
ulevalu				
or and evalu		to develop a sound understanding of	processes, pupil and teacher voice and assessment of pupils' learning.	
nitor and evalu		to develop a sound understanding of strengths and areas for development	<ul><li>processes, pupil and teacher voice and assessment of pupils' learning.</li><li>The PSHE lead, SLT and governors</li></ul>	
I monitor and evaluate PSHE education?		to develop a sound understanding of strengths and areas for development in PSHE education and to ensure the	<ul><li>processes, pupil and teacher voice and assessment of pupils' learning.</li><li>The PSHE lead, SLT and governors can explain steps being taken to</li></ul>	
		to develop a sound understanding of strengths and areas for development in PSHE education and to ensure the	<ul><li>processes, pupil and teacher voice and assessment of pupils' learning.</li><li>The PSHE lead, SLT and governors can explain steps being taken to implement subject development and</li></ul>	spreadsheets
		to develop a sound understanding of strengths and areas for development in PSHE education and to ensure the	<ul> <li>processes, pupil and teacher voice and assessment of pupils' learning.</li> <li>The PSHE lead, SLT and governors can explain steps being taken to implement subject development and improvement.</li> </ul>	
How do you monitor and evalu		to develop a sound understanding of strengths and areas for development in PSHE education and to ensure the	<ul><li>processes, pupil and teacher voice and assessment of pupils' learning.</li><li>The PSHE lead, SLT and governors can explain steps being taken to implement subject development and</li></ul>	

	• There are in-school opportunities	• Everyone involved in teaching PSHE	• There are lots of different	PSHE Association – CPD and training
	to share good practice in PSHE	education has received appropriate	opportunities to share good practice,	
	education with colleagues.	training, including induction for new	access CPD and to support colleagues.	PSHE Association – One-to-one support
	• Key members of teaching staff have	staff, to ensure learning is safe.	• Additional support is in place for	PSHE Association – Support for trainee
<u>د</u> .	attended PSHE education specific	• The PSHE lead, has had development	colleagues who continue to feel less	and newly qualified teachers
CPD?	training and disseminate this learning.	opportunities in both PSHE education	confident in PSHE education teaching.	
for C		pedagogy and in leading and managing	• The PSHE lead has opportunities	Future Learn – PSHE education: Helping
ion		the subject.	to attend extended CPD in PSHE	children navigate a complex world
provision			education and meet with other leads	PSHE Association – Teacher
			to continue to develop their expertise.	questionnaire on PSHE education
is the			• PSHE education specific training is	
What			part of the whole school CPD strategic	
3			plan.	

## **SECTION 2** The PSHE education curriculum (including Relationships Education/RSE and Health Education)

	STAGE 1	STAGE 2	STAGE 3	RESOURCES
	• A delivery model has been identified	• A spiral approach is used to make sure	• The curriculum is regularly evaluated	PSHE Association – Programme of Study
planned?	<ul> <li>that will support a developmental,</li> <li>spiral curriculum and there are plans</li> <li>to put this in place.</li> <li>The school selects published</li> <li>resources upon which to base its</li> </ul>	<ul><li>the programme is developmental and has continuity and progression.</li><li>A number of published resources are drawn upon when planning schemes of work and these are adapted to</li></ul>	to keep it relevant for pupils. A spiral approach is used across all key stages which ensures themes are revisited in a developmentally appropriate manner.	<u>PSHE Association – Programme Builders</u> <u>PSHE Association – Framework for</u> <u>pupils with SEND</u>
How is the curriculum pla	<ul> <li>schemes of work.</li> <li>All statutory elements of PSHE education that apply to the school are covered (for example, Relationships Education/Relationships and Sex Education and Health Education).</li> </ul>	<ul> <li>meet the needs of the pupils.</li> <li>Elements of PSHE education that are statutory for the school are included and there are plans to incorporate this within a broader curriculum to ensure learning is comprehensive and coherent.</li> </ul>	<ul> <li>There is an awareness of related learning between PSHE education and other curriculum areas, which supports pupils in making connections and ensures related teaching (e.g. puberty in science and PSHE education) happens concurrently.</li> </ul>	

			<ul> <li>Schemes of work are planned with regard to evidence-based best practice, learning objectives and intended outcomes are identified before teachers select, or produce their own, teaching materials.</li> <li>Statutory content is embedded within the school's wider PSHE education curriculum.</li> </ul>	
How do you ensure you meet pupils' needs?	<ul> <li>There are attempts to match the curriculum to pupils' needs where the school is aware of them.</li> <li>Published resources are used for the year group or key stage for which they were intended.</li> </ul>	<ul> <li>Some basic data, such as pupil surveys and local health authority data, is used to tailor the curriculum to pupils' needs.</li> <li>Some additional support and/or differentiation is provided for pupils who require it.</li> </ul>	<ul> <li>Local health data, national trends, pupil voice, pastoral input and assessment evidence is used to tailor the programme to meet pupils' needs.</li> <li>All teaching approaches and materials are trauma-informed, inclusive for all pupils, and reflect the diversity of the school, local and national community.</li> <li>Teaching approaches and materials are differentiated to meet the needs of all those who require additional support or challenge.</li> </ul>	PSHE Association – Framework for         pupils with SEND         PSHE Association – SEND hub         PSHE Association – Blog: Challenging         racism through PSHE         PSHE Association – Handling complex         issues safely in the PSHE education         classroom
How do you engage parents and carers?	<ul> <li>PSHE education curriculum information is shared on the school website, so parents and carers can find out what is being taught.</li> <li>In addition to plans to meet the statutory requirement to engage parents and carers on Relationships Education/RSE policy we send messages home from time to time, for example prior to teaching sex education.</li> </ul>	<ul> <li>The PSHE education curriculum is on the school's website.</li> <li>Newsletters, social media and/or information meetings are used in a timely manner to share information about relevant aspects of the school's PSHE education programme.</li> </ul>	<ul> <li>In addition to providing information about the curriculum, information meetings and/or workshops are held to share parts of the PSHE education curriculum and provide ideas to extend learning at home.</li> <li>Parents and carers have suitable mechanisms through which to share their views on policies and the wider PSHE education curriculum.</li> </ul>	PSHE Association – Guides to supporting parental engagement PSHE Association – Ask a Subject Specialist: Episode 1

How do you build community links?	<ul> <li>External visitors are used in line with whole school policies.</li> <li>There are plans to invite some local professionals and other organisations in to support the PSHE education curriculum and safe practice will be discussed with them.</li> </ul>	<ul> <li>In addition to meeting the statutory requirement to engage with parents and carers on our Relationships Education/RSE policy, the school engages with parents about pupils' PSHE education through parents' evenings and reports.</li> <li>Links are being established with local professionals and other organisations, and have clear guidelines about their role and purpose in supporting the PSHE education curriculum.</li> <li>External visitors' contributions are in line with policy and best practice principles to keep learning safe.</li> <li>Visitors' input is embedded within the taught programme and is never a 'one-off'.</li> <li>The impact of visitors and community links is regularly orgluated</li> </ul>	<ul> <li>There are regular reports on pupil progress in PSHE education and parents' evenings are used to discuss pupils' learning.</li> <li>There are well established links with professionals and other organisations who regularly collaborate with the school to plan or deliver activities to meet the learning objectives of the curriculum.</li> <li>Pupils highly value the contribution of carefully selected visitors to PSHE education lessons and take an active role in shaping the visits.</li> </ul>	PSHE Association – Selecting and         working with visitors and speakers:         guidance for schools         PSHE Association – Podcast: Selecting         and working with visitors and speakers         PSHE Association – Police in the         classroom
How		munity links is regularly evaluated, including through pupil voice.		
How do you engage with pupil voice?	• There are some opportunities for pupils to evaluate their PSHE education lessons and one-off events.	<ul> <li>The school invites input from pupils through whole class / year group surveys on a semi-regular basis.</li> <li>The School Council or similar group discusses PSHE education issues when prompted to do so.</li> <li>The school has mechanisms for acting upon pupil voice.</li> </ul>	<ul> <li>The school regularly invites input from pupils on the content, relevance and quality of PSHE education (e.g. whole group surveys and/or more focused groups such as school council or a dedicated group) and use this to assess impact and inform planning.</li> <li>Pupils feel their input is valued and that the mechanisms used to act upon pupil voice are effective.</li> </ul>	<u>PSHE Association – Pupil</u> <u>questionnaire on PSHE education</u>

es?	• The PSHE education curriculum	• The school recognises the links	• The PSHE education curriculum	PSHE Association – Blog: What does
curriculum oonsibilities?	addresses some key aspects of pupils'	between PSHE education and whole-	makes a significant and sustained	the new Ofsted framework mean for
curri onsil	spiritual, moral, social and cultural	school responsibilities, such as SMSC,	contribution to SMSC development,	PSHE education?
tion ( respo	development (SMSC), British values	promoting British values, careers	promoting British values, careers	
ucat ool r	and careers education.	education and safeguarding.	education and safeguarding.	Department for Education – Keeping
e PSHE educat wider school r	• The curriculum includes teaching that	• The PSHE education curriculum	• This contribution is evaluated and	children safe in education
PSF vide	helps pupils to stay safe.	offers opportunities for teaching that	evidenced as part of the school's self-	Ofsted – Inspecting safeguarding in
t F		specifically focuses on these elements,	evaluation process.	early years, education and skills settings
How does contribute		including the statutory requirement		Carry Years, education and skins seames
ow o ntri		for teaching that helps pupils to stay		PSHE Association – Curriculum audit
ΞS		safe.		spreadsheets

### **SECTION 3** Teaching and Learning in PSHE education

[	STAGE 1	STAGE 2	STAGE 3	RESOURCES
in g	Some PSHE education teachers lack	• The PSHE education teaching team	• The PSHE education teaching	PSHE Association – CPD and training
delivering	expertise and/or confidence in PSHE	have a sound understanding of key	team are highly confident in PSHE	
	education delivery (or some aspects	content areas and best practice in	education subject knowledge and	PSHE Association – One-to-one support
ir l	of it) but strategies are in place to	PSHE education, and are confident in	pedagogy.	PSHE Association – Support for trainee
confident are teachers in : education lessons?	address this.	their teaching.	Teachers independently seek	and newly qualified teachers
re te less	• The PSHE education teaching team	• They have access to support and	continuing professional development	
ent a	have identified aspects of PSHE	advice if they need to check content	in relation to PSHE education.	Future Learn – PSHE education: Helping
Incat	education teaching they would like	or seek help in responding to pupils'		children navigate a complex world
How confident are teach PSHE education lessons?	more support with.	questions.		
How PSH				
	• The PSHE education teaching team	• The PSHE education teaching team	• The PSHE lead ensures that any	PSHE Association – Quality assured
80	deliver lessons planned or selected by	adapt the lessons they are provided	external lesson plans provided for the	resources
l inc	the PSHE lead.	with and differentiate to meet their	team to use are quality assured and	
plar	<ul> <li>Sometimes teachers may adapt</li> </ul>	pupils' needs.	that teachers adapt and differentiate	PSHE Association – Lesson planning tool
d?	activities to suit their class, though this	• Lesson plans always have clear	them appropriately to meet our pupils'	and checklist
How is lesson planning approached?	is inconsistent.	learning objectives and outcomes.	needs.	
w is oroa		<u> </u>		Future Learn – PSHE education: Helping
apr B	• Teachers share aims for the lesson			children navigate a complex world
	with pupils.			

			<ul> <li>All members of our PSHE education teaching team are able to plan inclusive lessons in line with best practice.</li> <li>Lesson activities are well matched to appropriate learning objectives and measurable outcomes.</li> </ul>	
How do we ensure a safe learning environment for PSHE education lessons?	<ul> <li>Teachers tell pupils what the ground rules are and insist they are followed.</li> <li>Teachers are developing confidence in managing discussions about sensitive issues.</li> <li>With guidance and support, teachers use approaches that distance the learning from the pupils, in order to maintain a safe learning environment.</li> <li>Teachers encourage pupils to ask questions and sometimes provide a means for asking questions anonymously.</li> <li>Teachers are aware of pupils with increased vulnerability and are aware that all topics need to be taught sensitively.</li> </ul>	<ul> <li>Pupils agree to shared ground rules and understand their value.</li> <li>Teachers are confident in covering sensitive issues in lessons and actively create a safe place for discussion.</li> <li>Teachers are able to select appropriately distanced materials and pose safe discussion questions.</li> <li>Teachers are confident in safely responding to pupil questions, with support where necessary, and provide regular opportunities for pupils to ask questions anonymously.</li> <li>Teachers protect pupils with increased vulnerability, for example by liaising with pastoral and safeguarding staff, discussing future lesson content with pupils, providing opportunities to opt-out of lessons or safely leave the lesson if appropriate.</li> </ul>	<ul> <li>Pupils and teachers create ground rules together that promote and maintain a safe learning environment and share responsibility for monitoring them.</li> <li>Teachers are skilled in discussing sensitive issues in PSHE education and consistently create safe classroom spaces for discussion.</li> <li>Teachers effectively distance learning from the pupils, whilst allowing appropriate time and space for personal reflection.</li> <li>Teachers are highly skilled in handling pupil questions, always make provision for pupils to ask questions anonymously and consistently provide accurate, timely and appropriate responses.</li> </ul>	<ul> <li>PSHE Association - Handling complex issues safely in the PSHE education classroom</li> <li>PSHE Association - Ground rules for teaching about mental health and emotional wellbeing</li> <li>Future Learn - PSHE education: Helping children navigate a complex world</li> </ul>

		• Teachers take a trauma-informed	• Teachers' approach to maintaining	
		approach to ensure that learning is	a safe learning environment at all	
		safe for all including those whose	times is supported by a whole-school	
		experiences and vulnerabilities are	commitment to identifying, protecting	
		unknown.	and supporting pupils with increased	
			vulnerability and promoting the health	
			and wellbeing of all.	
	• Lessons can sometimes rely too much	Discussion is well-facilitated, although	Well-structured and meaningful	PSHE Association – Quality assured
e;	on discussion alone.	lessons do not rely exclusively on	discussion is used effectively to help	resources
ctiv	• The range of interactive techniques	discussion activities.	pupils to progress and meet learning	
tera	used in the classroom is limited.	• A variety of teaching approaches are	outcomes.	Future Learn – PSHE education: Helping
engaging and interactive?	though opportunities to vary teaching	used to promote pupil interaction and	• The broad and creative range of	children navigate a complex world
gan	approaches are being identified.	engagement.	inclusive and differentiated activities	PSHE Association – Pupil
ging	• PSHE education lessons focus	• Teachers ensure all teaching	used in PSHE education lessons	questionnaire on PSHE education
nga	primarily on imparting information.	approaches and resources are inclusive	enables all pupils to engage effectively	questionnaire on FSTIL education
e e	Opportunities to develop skills and	and differentiated and ensure that all	in the learning.	PSHE Association – Monitoring &
us a	positive attributes are being identified.	pupils have the opportunity to engage	• Activities are carefully chosen to	evaluating PSHE education
OSS	positive durbates are being identified.	in the learning.	ensure a balance between building	
<u> </u>			knowledge, rehearsing skills and	
Insu		Activities allow pupils to build	developing positive attributes.	
How do you ensure lessons are		knowledge, rehearse skills and develop		
o Ác		positive attributes.	Teachers are reflective practitioners	
Þ A		• Pupils are sometimes asked to	and take pupil voice into consideration	
Р Р		evaluate lesson activities.	when evaluating the activities used in	
			their lessons.	

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	PSHE education teachers understand	<ul> <li>Teachers use assessment in most</li> </ul>	<ul> <li>Teachers have integrated a range</li> </ul>	PSHE Association – Guides to
	the importance of reflection and	lessons, including baseline and	of effective assessment activities	assessment
	assessment activities in PSHE	endpoint assessments as well as	into all schemes and lesson plans to	
	education.	regular Assessment for Learning.	demonstrate progress and inform	PSHE Association – Framework for
	• Lessons usually begin with an activity	• Teachers are able to talk confidently	future planning.	pupils with SEND
	to gauge pupils' starting point.	about and provide some evidence of	• Baseline assessment activities are	
	• Teachers are able to comment on	pupil learning and progress.	used consistently to ensure teachers	
	pupils' learning.	• Pupils can talk about their learning and	effectively gauge pupils' starting point	
~•		progress.	before any new teaching.	
education assessed?		• Teachers have the same expectations for the quality of pupils' work in PSHE education as in any other subject.	<ul> <li>Baseline assessment feedback is used to ensure teaching is pitched appropriately and to demonstrate individual and group progress.</li> </ul>	
is PSHE			• Teachers have meaningful discussions with pupils about their progress and how to improve.	
How			• Teachers effectively report progress to parents and carers.	

#### **PSHE EDUCATION** Subject Development Plan

This subject development plan template is designed to accompany the PSHE education <u>Subject Review</u> <u>Tool</u>. When you have completed and submitted your subject review, use the reports generated for 'Leadership, Management and Organisation', 'Teaching and Learning in PSHE education' and 'The PSHE education Curriculum', alongside the Subject Review and Development Framework, to prioritise your areas for development. These can be recorded as measurable goals in the first column below, together with the actions that will be taken to achieve these goals, helping you and your colleagues to identify your next steps. **An editable Word version is also available** <u>here</u>.

What do we want to achieve?	How will we achieve it?	Who will be involved and when do we aim to achieve this?	<b>How</b> will we measure our success?
Leadership, Management and Organisation of PSHE education			
1.			
2.			
3.			
The PSHE education Curriculum (including statutory Relationships Education/RSE and Health Education)			
1.			
2.			
3.			
Teaching and Learning in PSHE education			
1.			
2.			
3.			