



Lesson 1

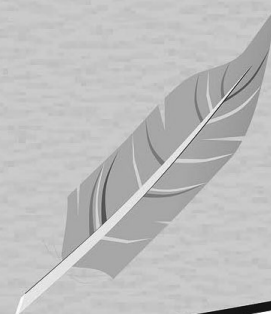
Safety rules and risks: medicines and household products

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Ground rules

[Add your class rules here]



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We are learning about the safe use of medicines and household products



We will be able to:

- ✓ explain why it is important to take medicines correctly and use household products safely
- ✓ say why using medicines and household products can sometimes be risky, and suggest what to do to stay safe
- ✓ recognise whom to ask for help with medicine safety and where to get information about medicines

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What's our starting point?

Use the *benefits and risks* list sheet to answer these questions about household products and medicines:

- How do these help us?
- Are there any risks of using these products? What are the risks?
- What will help reduce the risks?



A day in the life

Listen to 'A day in the life' about the Grech family.

Talk about what different items are used by the family and how they are used safely.



Medicine labels analysis

Think back to 'A day in the life' when Aunt Lusie had a headache. Before taking the tablets, she read the instructions on the medicine packet.

Why is it important for her to do this?

Now, look at the empty medicine packaging with your partner. Find all the information someone would need before taking the medicine.



Medicine labels analysis

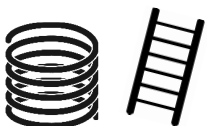


Freeze frame

In your pair or group, read the *medicine safety scenario*. Now, choose a role with your group and create a freeze frame of the scenario.

Once you're 'out of role', talk about the risk in the scenario:

- What is the risk?
- What might happen?

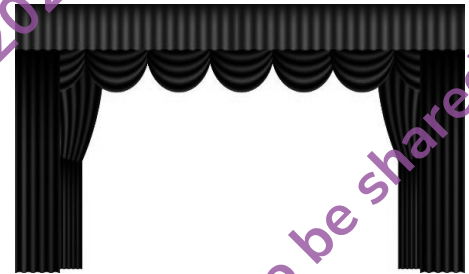


Role play

Think about your scenario with your group.

- What should the characters do now to prevent any further risk?
- Who could help? Where could the person get more support or advice?

Stepping back 'into role', role play what the characters should do to prevent any further risk and identify who could help.



Reflecting and getting support

Share one thing this lesson has made you think about medicine safety. It could be:

- Something new you have learned
- Something you think is important to remember in the future

Remember that medicines are helpful for health but only if they are used correctly. Trusted adults should give medicine to children.

If you are unsure about using a medicine, ask a trusted adult.



What has been learnt?

Go back to the questions from your *benefits and risks list*.

- Is there anything you would like to change?
- Is there anything you would like to add?

Use a different colour pen or pencil.



More activities

Make a leaflet for the Grech family about medicine safety and household products.

