

# Caregiving Solutions to Support Aging in Place Decisions

Family First works with caregivers and their loved ones to review what is required of their homes and lives to successfully age at home.



## A Holistic Approach

Family First approaches caregiving challenges holistically. Our Expert Care Team works closely with caregivers to identify and solve for the root cause of caregiving challenges and how they impact the whole family. We then find a long-term solution that includes addressing the financial, logistical and safety concerns related to aging in place, as well as applying clinical requirements to maintain a healthy lifestyle for your loved one.

### Family First Helps Caregivers:

- + Develop a Caregiving Blueprint
- + Match loved ones with home care assistance
- + Review assistive technology solutions
- + Assess and address safety issues
- + Explore home modification needs