

Caregiving Solutions to Support Child & Adolescent Wellbeing

If you are caring for a loved one with a disability, special needs, or have a child or teen diagnosed with a mental, behavioral or developmental disorder, Family First can work with you to find long-term solutions to support your caregiving responsibilities.



Family First can help families who are dealing with bullying issues

According to the CDC, bullying can result in physical injury, social and emotional distress, self-harm, and even death. It also increases the risk for depression, anxiety, sleep difficulties, lower academic achievement, and dropping out of school. Youth who bully others are at increased risk for substance use, academic problems, and experiencing violence later in adolescence and adulthood.

Top 5 Reasons Causing Caregiver Stress

- + Behavioral / Neurodevelopmental Disorder
- + Autism Spectrum Disorder
- + Special Needs Dependents
- + Bullying
- + Disabled Dependents