

# Permobil Academy



## Seating and Positioning Solutions for Older Adults

**DATE & TIME:**

**LOCATION:**

**CONTACT:**

**PRESENTER:**

### TARGET AUDIENCE

This program is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Assistive Technology Professionals, and Medical Suppliers/Providers.

### COURSE OVERVIEW

The purpose of this 1-hour interactive course is to consider practical strategies related to the seating and positioning evaluation and recommendations for older adults. Older adults experience changes related to the aging process, but also may experience a number of other health issues. These individuals may demonstrate skin and tissue issues due to a variety of co-morbidities, cognitive changes and functional limitations.

This course will provide an overview of seating and positioning considerations for this population, including the clinical decision-making process. The best practice applications of wheelchair cushions, back and secondary supports to promote safety, optimal skin/tissue health, mobility and independence will be discussed. Considerations for set up, maintenance and proper use of seating components will be discussed.

Clinical evidence and case examples will be utilized to demonstrate best practice for seating and positioning solutions for this population. Various client presentations and equipment choices will be discussed, highlighting the process leading to equipment recommendation, justification, and training by the team.

By the end of this course, clinicians will have a better understanding of the changes that older adults or clients aging with a disability experience, as well as the ability to utilize best practice decision making in recommendations and training related to wheelchair seating and positioning for these individuals.

**LEVEL—** Intermediate | **INSTRUCTIONAL METHOD—** Synchronous Live On-site or Streaming Lecture /Discussion / Clinical Applications / Demonstration

### CEU OBJECTIVES

By the end of the presentation, participants will be able to:

1. List 3 examples of changes that are expected to occur in the aging process that may affect an individual's seating and positioning and equipment recommendations.
2. Explain 2 issues related to skin and tissue health that affect recommendation of seating/positioning components for someone who is aging or aging with a disability.
3. Explain 2 issues related to posture and positioning that affect recommendation of seating/positioning components for someone who is aging or aging with a disability.
4. Discuss 3 potential strategies for successful use of seating and positioning equipment for older adults.

## AOTA CATEGORY— OT Service Delivery

### STATEMENT OF CLINICAL RELEVANCE

Content of the activity directly relates to the scope of practice of occupational and physical therapy as defined by the American Occupational Therapy Association (AOTA) and the American Physical Therapy Association (APTA). Visit our website [www.permobilus.com](http://www.permobilus.com) for more details.

### COMPLETION REQUIREMENTS

In order to obtain CEU/CCU credits, participant must attend the entire course, sign in and out, and complete an on-line course assessment following completion of the course.

### OUTLINE

Minutes	Topic
5	Introduction / Overview/ Review Course Objectives
20	Clinical Considerations on Aging
25	Seating Considerations
10	Clinical Application Strategies
5	Summary / Question & Answer

### CONTACT HOURS— 1 | CEUS— 0.1

### FEE

The Permobil Academy does NOT charge a fee for live courses of 2 hours or less. However, when 0.3 or more CEUs (3 contact hours) are provided in a live course, there is a minimum \$25 charge. Please check the individual course publication for the specific fee information.

### CANCELLATION & COMPLAINT POLICIES

Please visit [www.permobil.com](http://www.permobil.com) for the Permobil Academy cancellation and complaint policies.

### ADA STATEMENT

Permobil Academy complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 618-222-3603.

### FINANCIAL DISCLOSURE:

All Permobil Academy CEU courses are taught by employees of Permobil, Inc

### QUESTIONS

Please contact:

*This course content is not intended for use by participants outside the scope of their license or regulation.*

*Permobil Academy has state-specific PT board approvals and many states offer reciprocity. To see all state Physical Therapy and other certification approvals for Permobil Academy courses please visit: [State PT Approvals for Live Permobil Academy Courses](#)*



*Permobil Academy is an AOTA Approved Provider of professional development. PD activity approval ID #1462. This live lecture is offered at .1 CEUs, Educational level: Intermediate; Category: OT Service Delivery. AOTA does not endorse specific course content, products or clinical procedures.*

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