

# Wheeled Mobility Solutions for Older Adults

**DATE & TIME:** 

**LOCATION:** 

**CONTACT:** 

**PRESENTER:** 

#### **TARGET AUDIENCE**

This program is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physic

### **COURSE OVERVIEW**

The purpose of this 1-hour interactive course is to consider practical strategies related to wheeled mobility evaluation and training for older adults. Older adults experience changes related to the aging process, but also may experience a number of other health issues. These individuals may demonstrate safety and mobility issues due to a variety of co-morbidities, cognitive changes and functional limitations. This course will provide an overview of seating and mobility considerations for this population, including the clinical decision-making process. The best practice applications of manual wheelchairs; power assist technology; power wheelchair and power seat functions to promote safety, mobility and independence will be discussed. Wheelchair skills training techniques to ensure the client's understanding of the equipment and to promote effective and safe use of the device will be reviewed. This will include, but not be limited to, strategies for optimal outcomes in seating, driving, and power seat function utilization. Clinical evidence and case examples will be utilized to demonstrate best practice for seating and mobility solutions for this population. Various client presentations and equipment choices will be discussed, highlighting the process leading to equipment recommendation, justification, and training by the team. By the end of this course, clinicians will have a better understanding of the changes that older adults or clients aging with a disability experience, as well as the ability to utilize best practice decision making in recommendations and training related to wheelchair seating and mobility for these individuals.

LEVEL— Intermediate | INSTRUCTIONAL METHOD— Synchronous Live On-site or Streaming Lecture / Discussion / Clinical Applications / Demonstration

#### **CEU OBJECTIVES**

By the end of the presentation, participants will be able to:

- Identify 3 clinical considerations for utilization of MWCs to benefit mobility and safety for someone who is aging or aging with a disability.
- 2. Identify 3 clinical rationale for recommendation of power assist technology or PWCs to benefit mobility and safety for someone who is aging or aging with a disability.
- 3. Describe 3 power seat functions that can assist someone who is aging or aging with a disability with independence and safety with mobility and activities of daily living.
- Discuss 3 potential training techniques for successful use of seating and mobility equipment for someone who is aging or aging with a disability.

# **AOTA CATEGORY**— OT Service Delivery

# STATEMENT OF CLINICAL RELEVANCE

Content of the activity directly relates to the scope of practice of occupational and physical therapy as defined by the American Occupational Therapy Association (AOTA) and the American Physical Therapy Association (APTA). Visit our website <a href="https://www.permobilus.com">www.permobilus.com</a> for more details.

#### **COMPLETION REQUIREMENTS**

In order to obtain CEU/CCU credits, participant must attend the entire course, sign in and out, and complete an on-line course assessment following completion of the course.

#### **OUTLINE**

Minutes	Topic
5	Introduction / Overview/ Review Course Objectives
10	Manual Mobility Considerations
15	Power Assist and Power Mobility Considerations
15	Power Seat function considerations
10	Training Strategies
5	Summary / Question & Answer

# CONTACT HOURS- 1 | CEUS- 0.1

#### FEE

The Permobil Academy does NOT charge a fee for live courses of 2 hours or less. However, when 0.3 or more CEUs (3 contact hours) are provided in a live course, there is a minimum \$25 charge. Please check the individual course publication for the specific fee information.

#### **CANCELLATION & COMPLAINT POLICIES**

Please visit www.permobil.com for the Permobil Academy cancellation and complaint policies

# **ADA STATEMENT**

Permobil Academy complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 618-222-3603.

## FINANCIAL DISCLOSURE:

All Permobil Academy CEU courses are taught by employees of Permobil, Inc

#### **QUESTIONS**

Please contact:

This course content is not intended for use by participants outside the scope of their license or regulation.

Permobil Academy has state-specific PT board approvals and many states offer reciprocity. To see all state Physical Therapy and other certification approvals for Permobil Academy courses please visit: State PT Approvals for Live Permobil Academy Courses



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